

Northern Berkshire Community Resource Guide

June 2022

It can be hard to know where to start when looking for help for your neighbor or yourself. There is often help available for most situations, finding the right community resource to fit that situation can be much easier with this guide. This guide outlines local resources. These agencies and programs have a common goal of helping people in our community.



This resource guide is brought to you by:



Northern Berkshire Community Coalition
Community Empowerment • Prevention & Wellness

nbCC's Focus of Work:

The Northern Berkshire Community Coalition has been organizing and supporting the Northern Berkshire community since 1986. Our mission is to empower the Northern Berkshire region to enhance the quality of life through our efforts at connecting, convening, and supporting all facets of the community.

Our vision is to be the catalyst for a healthy, empowered, engaged Northern Berkshire community with an emphasis on:

Convening & Connecting Community: *We engage residents and stakeholders in community conversations to resolve local concerns. In addition, we connect residents to local service agencies and provide opportunities for social engagement.*

Health and Wellness: *We help our community make healthy eating and active living the easy choice, as well as create opportunities for access to health and wellness services.*

Leadership Development: *We train adults and youth to be leaders within their community and build capacity to make positive change in our region.*

Substance Use Prevention and Recovery: *We develop strategies to delay youth alcohol/substance use and support community efforts for addiction recovery.*

Family Support and Education: *We provide families within our community with the resources, activities, and group support needed to maintain a strong and resilient family. In addition, we provide workshops and classes for all parents to develop stronger skills to become the best parent they can be for their children.*

Youth Development: *We actively build a positive youth development culture by encouraging youth to grow and realize their full potential. In addition, we also support those who work with youth through networking and training efforts.*



Northern Berkshire Community Coalition
Community Empowerment • Prevention & Wellness

61 Main Street, Suite 218, North Adams, MA 01247
413.663.7588 • www.nbccoalition.org

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Monday	Tuesday	Wednesday
Berkshire Food Project 11:30am - 1:00pm 1st Congregational Church 134 Main Street, North Adams		Berkshire Food Project 11:30am - 1:00pm 1st Congregational Church 134 Main Street, North Adams
Adams Council on Aging Congregate Meals 11:30am 3 Hoosac Street, Adams	Adams Council on Aging Congregate Meals 11:30am 3 Hoosac Street, Adams	Adams Council on Aging Congregate Meals 11:30am 3 Hoosac Street, Adams
Cheshire Council on Aging Congregate Meal 10:15am - 12:00pm 119 School Street, Cheshire 413-743-9719	Cheshire Council on Aging Congregate Meal 10:15am - 12:00pm 119 School Street, Cheshire 413-743-9719	Cheshire Council on Aging Congregate Meal 10:15am - 12:00pm 119 School Street, Cheshire 413-743-9719
North Adams Council on Aging Congregate Meals 11:30am 116 Ashland Street, North Adams	North Adams Council on Aging Congregate Meals 11:30am 116 Ashland Street, North Adams	North Adams Council on Aging Congregate Meals 11:30am 116 Ashland Street, North Adams
Williamstown Council on Aging Grab N Go Meals 11:30am 118 Church Street, Williamstown		Williamstown Council on Aging Grab N Go Meals 11:30am 118 Church Street, Williamstown
Meals on Wheels Lunch Delivery for Seniors Call Elder Services for Details & Eligibility 413-499-0524	Meals on Wheels Lunch Delivery for Seniors Call Elder Services for Details & Eligibility 413-499-0524	Meals on Wheels Lunch Delivery for Seniors Call Elder Services for Details & Eligibility 413-499-0524
OTHER: Contact your School District regarding the school meal programs provided to students & families. See pages 32-34 for a list of northern Berkshire public schools & contact information.		

SIGN-UP to RECEIVE OUR WEEKLY E-ZINE & MONTHLY NEWSLETTER

Stay informed on what's going on in our area. Our weekly e-zine highlights local community events, workshops, resource updates and more.

Our monthly newsletter will keep you updated on what's been going on at the Coalition and what's coming up in the month ahead.

SIGN-UP TODAY! https://bit.ly/nbcc_mailinglist

North Berkshire

Thursday	Friday	Saturday
	Berkshire Food Project 11:30am - 1:00pm 1st Congregational Church 134 Main Street, North Adams	Community Free Lunch: 11:00am - 12:00pm Every Saturday 1st Baptist Church North Adams Use entrance on Eagle Street
Adams Council on Aging Congregate Meals 11:30am 3 Hoosac Street, Adams	Adams Council on Aging Congregate Meals 11:00- 11:30am - Grab N Go 3 Hoosac Street, Adams	
Cheshire Council on Aging Congregate Meal 10:15am - 12:00pm 119 School Street, Cheshire 413-743-9719	Cheshire Council on Aging Congregate Meal 10:15am - 12:00pm 119 School Street, Cheshire 413-743-9719	
North Adams Council on Aging Congregate Meals 11:30am 116 Ashland Street, North Adams	North Adams Council on Aging Congregate Meals 11:30am 116 Ashland Street, North Adams	
	Williamstown Council on Aging Grab N Go Meals 11:30am 118 Church Street, Williamstown	
Meals on Wheels Lunch Delivery for Seniors Call Elder Services for Details & Eligibility 413-499-0524	Meals on Wheels Lunch Delivery for Seniors Call Elder Services for Details & Eligibility 413-499-0524	

CONTACT INFORMATION:

- Adams COA** - (413) 743-8333
- Al Nelson Friendship Center Food** - (413) 664-0123
- Berkshire Dream Center Mobile Food Pantry** - (413) 522-3495
- Berkshire Food Project** - director@berkshirefoodproject.org
- Cheshire Food Pantry** - (413) 743-9719
- Community Bible Church Food Pantry** - (413) 458-5556
- Community Free Lunch** - 413-663-3780
- Food Bank of Western MA "Brown Bag"** - (413) 247-9738
- Meals on Wheels** - (413) 499-0524
- North Adams COA Meals** - Call Norman at 664-9826
- North Adams Farmers Market** - (413) 664-6180
- Salvation Army** - (413) 663-7987
- St. John Paul Charity Center** - (413) 743-0577
- Take and Eat** - (413) 664-1041
- Veterans Office Food Pantry** - (413) 662-3040
- Williamstown Farmers Market** - williamstownfarmersmarket.org
- Williamstown Food Pantry** - (413) 458-4946 ext. 11
- Williamstown COA** - 413- 458-8250

Food Access Sites

Monday	Tuesday	Wednesday
<p>Veterans Office Food Pantry: North Adams City Hall, Office 101 8:00am - 1:00pm & 2 - 4:30pm Veterans only. Call 413-662-3040</p>	<p>Food Bank of Western Mass Mobile Food Bank: 10:00am - 11:00am 2nd & 4th Tuesdays Adams COA/Visitors Center 3 Hoosac St., Adams</p>	<p>Al Nelson Friendship Center Food Pantry: 10:00am - 2:00pm 413-664-0123 45 Eagle St., North Adams</p> <p>For those who can not physically come or are ill, please call on Wednesday to set up a delivery on Thursday between 10am - 12pm.</p>
	<p>Salvation Army: 12:30pm - 3:00pm 413-663-7987 393 River Street, North Adams</p>	<p>Community Bible Church Food Pantry: 1:00pm - 3:00pm 3rd Wednesdays of the Month 413-458-5556 160 Bridges Road, Williamstown</p> <p>Berkshire Dream Center Mobile Food Pantry 4th Wednesdays N. Adams: Mohawk Forest at 5:00pm; Brayton Hill at 5:45pm; Greylock Apartment Complex at 6:30pm</p>
		<p>St. John Paul Charity Center: 11:00am - 1:00pm Serves Adams, Cheshire, Savoy 413-743-0577 2 Columbia Street, Adams Clothing for all ages also available.</p>
		<p>Community Bible Church: 3rd Wednesdays 12:00 - 2:00pm 160 Bridges Rd., Williamstown 413-458-5556 (Must be MA resident)</p> <p>Williamstown Food Pantry @ St. Patrick & St. Raphael Parish: 9:30am - 12:00pm 413-458-4946 ext.11 53 Southworth Street, Williamstown Serves Williamstown, Hancock, New Ashford, Pownal Form of ID Required Emergency Assistance provided by Phone Only</p>
		<p>Veterans Office Food Pantry North Adams City Hall, Office 101 8:00am - 1:00pm & 2 - 4:30pm Veterans only. Call 413-662-3040</p>

in North Berkshire

Friday	Saturday	Sunday
<p>Food Bank of Wester Mass Mobile Food Bank: 10:00am - 11:00am 1st & 3rd Fridays The Brien Center 124 American Legion Drive, North Adams</p>	<p>Cheshire Food Pantry: 11:00am - 12:00pm 1st Saturday of Month 413-743-9719 119 School Street, Cheshire</p>	<p>Take and Eat: Delivered Meals, Every Sunday Homebound residents 60+, unable to prepare food</p> <p>Information & Sign Up Call: Kathleen Ryan 413-672-1404 413-664-1041.</p>
<p>Food Bank of Western Mass “Brown Bag”: 4th Friday of Month Distributed from various north Berkshire Council on Aging sites. For people over 55, with income eligibility Call to apply 413-247-9738 1-800-247-9632</p> <p>11:00am - 12:00pm - Adams 12:30 - 1:30pm - North Adams</p>	<p>North Adams Farmer's Market: 9:00am - 1:00pm OUTSIDE: Every Saturday, June - Oct. The municipal parking lot at the corner of St.Anthony Drive & Marshall Street</p> <p>Accepts: SNAP/EBT, HIP, Cash, Checks, WIC, & Senior Farmers Market Coupons. DOUBLES SNAP up to \$30.</p> <p>INSIDE: 1st Saturdays, Nov. - May 9:00am - 1:00pm 85 Main St, North Adams</p>	
<p>WRAPS (Williams College Recovery of All Perishable Surplus): Pre-packaged & frozen meals Roots Teen Center, North Berkshire YMCA and Mohawk Forest. Pick up available during locations' open hours</p>	<p>Williamstown Farmers Market: 9:00am - 1:00pm Every Saturday, May - October Parking Lot @ end of Spring Street, Williamstown</p> <p>Accepts and doubles WIC/Senior Farmers Market Coupons.</p> <p>www.williamstownfarmersmarket.org</p>	
<p>Veterans Office Food Pantry North Adams City Hall, Office 101 8:00am - 1:00pm & 2 - 4:30pm Veterans only. Call 413-662-3040</p>		

Weekly Recovery

Monday	Tuesday	Wednesday	Thursday
7AM-8AM AA, Sunrise Group Bennington - 1st Baptist	7AM-8AM AA, Sunrise Group Bennington - 1st Baptist	7AM-8AM AA, Sunrise Group Bennington - 1st Baptist	7AM-8AM AA, Sunrise Group Bennington - 1st Baptist
7AM-8AM AA, Sober at Sunrise Pittsfield - George Crane Cntr.	7AM-8AM AA, Sober at Sunrise Pittsfield - George Crane Center	7AM-8AM AA, Sober at Sunrise Pittsfield - George Crane Center	7AM-8AM AA, Sober at Sunrise Pittsfield - George Crane Center
10AM-11AM AA, Mothertown Group Adams - 1st Congregational	10AM-11AM AA, Mothertown Group Adams - 1st Congregational	10AM-11AM AA, Mothertown Group Adams - 1st Congregational	10AM-11AM AA, Mothertown Group Adams - 1st Congregational
12PM-1PM AA, High Noon Group Bennington - 1st Baptist	12PM-1PM AA, High Noon Group Bennington - 1st Baptist	12PM-1PM AA, Nameless Nooner North Adams - All Saints Church	12PM-1PM AA, High Noon Group Bennington - 1st Baptist
12PM-1PM AA, Short & Sweet North Adams - 1st Baptist	12PM-1PM AA, Short & Sweet North Adams - 1st Baptist	12PM-1PM AA, High Noon Group Bennington - 1st Baptist	12PM-1PM AA, Short & Sweet North Adams - 1st Baptist
5:30PM-6:30PM AA, Happy Hour Group Bennington - Turning Point Club	12PM-1PM Al-Anon Meeting Northampton - Virtual/St. John's	12PM-1PM NA, Deeds Not Words Pittsfield - George Crane Center	12PM-1PM NA, Deeds Not Words Pittsfield - George Crane Center
7PM-8PM NA Pittsfield - 1st United Methodist	12PM-1PM NA, Deeds Not Words Pittsfield - George Crane Center	5:30PM-6:30PM AA, Happy Hour Group Bennington - Turning Point Club	12PM-1PM AA, Betwixt Pittsfield - George Crane Center
7PM-8PM NA Bennington - 2nd Congo.	7PM-8PM NA North Adams - All Saints	6PM-7PM AA, Berkshire Group Pittsfield - George Crane Center	7PM-8PM NA Adams - Woodstock
7PM-8PM AA, Valley Group North Adams - 1st Congo.	7PM-8PM AA, Keep an Open Mind North Adams - Main St.	6PM-7PM Al-Anon Open Arms Northampton - Virtual/Recovery Center	7PM-8PM AA, Step by Step Williamstown - Paoli
7PM-8PM AA Williamstown - Community Bible Church	7PM-8PM AA, Hillside Group Bennington - 2nd Congregational	7PM-8PM AA, Blacksheep Fireside Williamstown - Comm. Bible Chr.	7:30PM-8:30PM AA Bennington - 2nd Congregational
7PM-8PM AA, Women's Sunset Step South Williamstown - 2nd Congregational	7:30PM-8:30PM AA, Northern Berk. Group Williamstown - St. John's	7:15PM-8:15PM AA, Willmington Group Wilmington - St. Mary's Church	7:30PM-8:30PM NA Pittsfield - George Crane Center
	7:30PM-8:30PM AA, In Focus Step Cheshire - 1st Baptist	7:30PM-8:30PM Al-Anon Greenfield - 2nd Congregational	
	8PM-9PM NA, Step by Step Pittsfield - George Crane Center	7:30PM-8:30PM NA, Step by Step Pittsfield - George Crane Center	

Support Meetings

Day	Friday	Saturday	Sunday
Sunrise Group Baptist	7AM-8AM AA, Sunrise Group Bennington - 1st Baptist	7AM-8AM AA, Sunrise Group Bennington - 1st Baptist	7AM-8AM AA, Sober at Sunrise Pittsfield - George Crane Center
Sober at Sunrise George Crane Center	7AM-8AM AA, Sober at Sunrise Pittsfield - George Crane Center	7AM-8AM AA, Sober at Sunrise Pittsfield - George Crane Center	9AM-10PM AA, 11th Step Group North Adams - All Saints Church
Mothertown Group Congregational	10AM-11AM AA, Mothertown Grp. Adams - 1st Congregational	9AM-10AM AA, Mothertown Group Adams - 1st Congregational	9AM-10AM AA, Living Sober Group Bennington - Veterans Home
High Noon Group Baptist	12PM-1PM Al-Anon Meeting Northampton - St. John's	9:30AM-11AM Al-Anon Step Northampton - 1st Churches	11AM-12PM NA Pittsfield - George Crane Center
Port & Sweet Main St.	12PM-1PM AA, Sunnyside Group Williamstown - St. Johns Church	12PM-1PM AA, High Noon Group Bennington - 1st Baptist	1PM-2PM AA, Last House on the Street Group Buckland - Mary Lyon Church
Deeds Not Words George Crane Center	12PM-1PM NA, Deeds Not Words Pittsfield - George Crane Center	7PM-8PM AA, As Bill Sees It Charlemont - Federated Church	4PM-5:30PM AA, Plug in the Jug Pittsfield - George Crane Center
After Life LGBTQ George Crane Center	12PM-1PM AA, Nameless Nooner North Adams - All Saints Church	7PM-8PM AA, Blacksheep Fireside Williamstown - Comm. Bible Chr.	5PM-6PM Al-Anon, Women's Step Northampton - Quaker Meeting House
Stock South	12PM-1PM AA High Noon Group Bennington (1st Baptist)	7PM-8PM AA, Saturday Nite North Adams - River St.	6PM-7PM AA, Big Brook Adams - Community Center
Recovery Park St.	5PM-6PM NA Adams - Woodstock South	7PM-8PM NA Pittsfield - 1st Church	6:30PM-7:30PM AA, Bennington - St. Peter's Church
NA, Hillside Group Congregational	5:30PM-6:30PM AA, Happy Hour Group Bennington - Turning Point Club	7PM-8PM AA, Central Berk. Group Pittsfield - George Crane Center	6:30PM-7:30PM NA Pittsfield - Hillcrest Hospital
NA, Living Clean George Crane Center	6:30PM-7:30PM NA Pittsfield - BMC	7:30PM-8:30PM AA, Hillside Group Bennington - 2nd Congregational	7PM-8PM AA, Plug in the Jug Pittsfield - Pilgrim Mem. Church
	7PM-8PM NA North Adams - All Saints		7PM-8PM AA, Sunday Night Williamstown - Community Bible Church
	7PM-8PM NA Pittsfield - Christian Center		
	9:30PM-10:30PM NA Pittsfield - Zion Lutheran Church		

Disability Services

Ad-lib Inc. Center for Independent Living - www.adlibcil.org

215 North Street, Pittsfield.....(413) 442-7047

Services for people with disabilities: peer counseling, skills training, information and referral, advocacy, transition services and other specialized programs. Services by appt. only.

Berkshire Family & Individual Resources (BFAIR) - www.bfair.org

771 S. Church St., N. Adams(413) 664-9382

Services for people with developmental disabilities, autism, traumatic brain injury and elders. Clinical, vocational, residential, home care, day habilitation, adult family care and family support services.

Brain Injury Association of MA - www.biama.org

180 Elm St., Suite C, Pittsfield.....(888) 554-5553

Offers information, resources, and support groups for survivors of traumatic brain injury and family members; educational and prevention workshops and activities.

Easterseals Massachusetts - www.massalternativefinance.org

484 Main St., Suite 600, Worcester, MA(508) 751-6428

Assistive technology and skills training for individuals with disabilities.

Mass. Commission for the Blind - www.mass.gov/eohhs/gov/departments/mcb

436 Dwight St., Room 109, Springfield(413) 781-1290

Provides rehabilitation and social services for blind individuals to enable independence.

Mass. Commission for the Deaf & Hard of Hearing

436 Dwight Street, Room 109, Springfield.....(413) 788-6427 Voice/TTY

Video Phone.....(413) 301-0915

Provides accessible communication, education and advocacy.

Mass. Rehabilitation Commission - www.mass.gov/orgs/massachusetts-rehabilitation-commission

37 Main St., 3rd floor, N. Adams(413) 663-5391 Voice/Tdd

Education, job training and employment services for people with disabilities.

Multiple Sclerosis - www.mssupportfoundation.org

85 Main St., Suite 202, N. Adams(413) 664-2011

Toll Free(844) 280-7292

Provides education, support and resources for those affected by multiple sclerosis.

Pathlight - www.pathlightgroup.org

75 South Church Street, Suite 402, Pittsfield(413) 443-4780

Enrichment and skill building classes, autism support services, referral information and supported living options for people with development and intellectual disabilities.

UCP (United Cerebral Palsy) - www.ucpwma.org

535 Curran Highway, N. Adams(413) 664-9345

Social opportunities, respite, adult foster care, early intervention.

Elders/Older Adults

Adams Council on Aging - <http://town.adams.ma.us/council-aging>

Visitor Center, 3 Hoosac St., Adams.....(413) 743-8333

Socials, health screening, SHINE counselors, free AARP tax prep and filing, SNAP applications, fitness classes, BCAC fuel assistance sign ups and renewals, referrals/info, meals, transportation and emergency fuel assistance for adults 60+. Serving all in the need of: Salvation Army Unit for Adams/Cheshire/Savoy/Windsor; Providing Emergency Vouchers and Good Neighbor Energy Funds; Neighbor to Neighbor Emergency Grant; DTA Partner: SNAP applications.

Adult Day Health @ The Brien Center - www.briencenter.org

124 American Legion Dr., N. Adams.....(413) 664-4048

Social services, nursing care, exercise, activities and meals for elders and disabled adults in a cheerful, relaxed daytime setting.

Cheshire Council on Aging/Community Center - www.cheshire-ma.net/council-aging

80 Church St., Cheshire.....(413) 743-1172

Health testing, socials, transportation.

Clarksburg Council on Aging/Senior Center

712 W. Cross Rd., Clarksburg.....(413) 663-8253

Fitness classes, health testing, socials, transportation.

Elder Abuse Hotline - www.mass.gov/reporting-elder-abuse-neglect

HOTLINE.....(800) 922-2275

Assist and support for elders w/physical, verbal, financial exploitation or neglect.

Elder Services of Berkshire County, Inc. - www.esbci.org

877 South St., Pittsfield.....(413) 499-0524

Toll Free.....(800) 544-5242

Nutrition/meals on wheels, information and referral, case management, respite care, homemaker and personal care assistance and nursing home preadmission screenings.

Florida Council on Aging/ Senior Center

367 Mohawk Trail, Florida.....(413) 662-2811

Education, support, fitness classes, no transportation.

Lanesborough Council on Aging - www.lanesborough-ma.gov/council-aging

83 N. Main Street, Lanesborough.....(413) 448-2682

Fitness classes, health testing, socials, transportation.

Meals on Wheels - Elder Services/Berkshire County - www.esbci.org/mow

877 South St., Pittsfield.....(413) 499-0524, (800) 544-5242

Apply thru Elder Services for home meal delivery for elders and disabled.

Elders/Older Adults (con't)

North Adams Commons - www.northadamsccommons.org

175 Franklin St., N. Adams.....(413) 664-4041
Accredited nursing care (nursing home).

N. Adams Council on Aging/Mary Spitzer Senior Center -

www.northadams-ma.gov/index.php?nav_id=25

116 Ashland St., N. Adams.....(413) 662-3125
Fitness classes, health testing, socials, transportation.

Osher Lifelong Learning Institute (OLLI) - at Berkshire Community College -

www.berkshireolli.wildapricot.org

1350 West Street, Pittsfield.....(413) 236-2190
Fosters lifelong learning opportunities for mature adults.

Rainbow Seniors of Berkshire County - www.rainbowseniors.org

Berkshire County.....(413) 664-6549
Rainbow Seniors is a social and support network for LGBTQ elders and their friends.

Savoy Council on Aging/Senior Center

720 Main St., Savoy.....(413) 743-4290
Fitness classes, health testing, socials, transportation.

Social Security Administration - www.ssa.gov

96 Marshall St., N. Adams..... Toll Free (877) 319-5709
Office for Social Security programs/SSI/SSDI, federal government programs.

Take & Eat - www.takeandeat.org

Mail: 69 Stryker Rd., Florida.....(413) 664-1041
Free, hot nutritious meals delivered to homebound seniors on Sundays.

Williamstown Commons - www.williamstowncommons.org

25 Adams Rd., Williamstown.....(413) 458-2111
Accredited nursing care (nursing home).

Williamstown Council on Aging/Harper Senior Center - www.williamstownma.gov/services/council-on-aging

118 Church St., Williamstown.....(413) 458-8250
Social and recreation events, meals, information and referral, exercise and balance classes weekly, blood pressure clinics, footcare, health screening, SHINE insurance counseling, social work, and benefit programs application assistance, home and community visits, Aging Mastery Programming, transportation, seasonal tax preparation, inter-generational programs, Brown Bag, and more.

Employment & Training

Berkshire Area Health Education Center (AHEC) @BCC - www.berkshireahec.org

395 Main Street, Dalton.....(413) 842-5160

Berkshire AHEC empowers communities towards better health by connecting health professionals and the community to high quality health education.

Berkshirejobs.com - www.berkshirejobs.com

Berkshirejobs.com(413) 663-3384

Internet job listing/search.

EforAll - Entrepreneurship for All

437 North Street, Pittsfield 1-(833)-336-7255 x7209

Entrepreneurship for All (EforAll) is accelerating economic and social impact in communities nationwide through inclusive entrepreneurship.

Goodwill Industries of the Berkshires and So. Vermont - www.goodwill-berkshires.com

Store: 166 State St. N. Adams.....(413) 749-8999

Training Center: 158 Tyler St., Pittsfield(413) 442-0061

Employment and training for individuals with barriers to employment.

MassHire Berkshire Career Center - www.masshireberkshirecc.com

160 North St., 3rd Floor, Pittsfield..... (413) 499-2220, Ext. 110

Employment & training opportunities for adults and youth. Resource room for job search; employment related workshops; job training for eligible customers, Hi-SET for eligible youth.

Mass. Rehabilitation Commission - www.mass.gov/orgs/massachusetts-rehabilitation-commission

37 Main St., 3rd Floor, North Adams.....(413) 663-5391

Job placement and training for people with disabilities.

Family Services

18 Degrees - www.18degreesma.org

480 West St., Pittsfield.....(413) 448-8281

Toll Free(888) 742-7443

Wide range of family support services and parent education. Programs in N. Berkshire.

Berkshire County Head Start - www.berkhs.org

535 Curran Hwy., N. Adams(413) 664-7932

1 meadow Lane, Pittsfield (Main Office)(413) 499-0137

Ages 3-5: Classroom education, home visiting, childcare - sliding fee.

Berkshire County Kid's Place and Violence Prevention - www.kidsplaceonline.org

63 Wendell Ave., Pittsfield(413) 499-2800

North Adams.....(413) 662-8017

Supportive, safe environment, advocacy, counseling, treatment of child abuse.

Family Services (con't)

Berkshire Family YMCA - www.bfymca.org

22 Brickyard Ct., N. Adams (413) 663-6529

Preschool and social programs for all ages.

Berkshire North WIC (Women, Infants, Children) - www.berkshirehealthsystems.org/wic

North Adams Campus of BMC, 71 Hospital Ave. (413) 663-3012

For women, infants and children: healthy food, nutrition and breastfeeding information.

Berkshire Nursing Families - www.berkshirenursingfamilies.org

71 Hospital Ave., N. Adams (413) 743-5338

Lactation support program. Phone support available.

Child Care of the Berkshires (CCB) - www.ccberkshire.org

Main Office - 210 State St. (Haskins Center), N. Adams (413) 663-6593

Monument Square Early Childhood Center (413) 664-4657

Magic Seasons School Age Program, N. Adams (413) 664-4657

Family Child Care System (413) 664-3256

Magic Seasons School Age Program, Adams (413) 743-2905

Three north county child care centers (6 wks-12 yrs), offering many parent & family support programs.

Family Center of N. Berkshire @ CCB (413) 664-4821

Parent education/support, play and learn groups, and free children's clothing. 0-8 yrs.

Healthy Families @ CCB (413) 445-4324

Home visiting parent education and support program for first time parents age 20 and under, from pregnancy to age 3. Additional funding available for parents 21-30.

Lead Prevention Program @ CCB (800) 954-0038

Home visits, information. Lead poisoning prevention and staff trainings. (Free)

ParentChild+ Home Program @ CCB (413) 663-6593 Ext. 27 or 39

Home visiting program for families with children aged 18 months - 4 years. Promotes literacy & school readiness, provides free books and toys.

Early Intervention @ UCP - www.ucpwma.org

535 Curran Highway, N. Adams (413) 664-9345

Children (birth - 3) who have developmental delay or are at risk of a delay. Developmental evaluation, screening and developmentally appropriate treatment options provided.

Family Resource Center @ nbCC - www.nbcoalition.org

61 Main St., Suite 218, N. Adams. (413) 663-7588

Working with families ages 0-18, providing family support and parent education in the community, at school, and the home.

First Steps Together - www.mass.gov/info-details/about-first-steps-together

See page 35 under Substance Use Supports & Recovery for phone numbers and services.

Grandparents Raising Grandchildren Group @ nbCC- www.nbccoalition.org

61 Main Street, Suite 218, North Adams.....(413) 663-7588

Support group for grandparents raising grandchildren. Childcare, meals provided.

Maternal/Child Health @ Berkshire VNA - berkshirehealthsystems.org/maternalchildhomecare

77 Hospital Ave., N. Adams(413) 447-2000

Newborn home visiting / Berkshire VNA.

Partners for Community (NE Farm Workers Council) - www.partnersforcommunity.org

141 North St., Suite 106, Lower Level, Pittsfield.....(413) 236-5890

Help in finding quality child care programs throughout Western Massachusetts and information on possible sources to help pay for it.

Teen to 23 Project - www.berkshirenursingfamilies.org/weekly-groups

Haskins School, 210 State St., North Adams(413) 743-5338

For pregnant young families, we provide childbirth/breastfeeding education. Also provide peer support and parenting/breast-feeding support for young families with infants. Breast-feeding support group meets every Thursday from 11:00am - 1:00pm.

Williamstown Community Preschool - www.williamstowncommunity.org

777 Main St., Williamstown(413) 458-4476

Preschool for children aged 15 months - 5 years, after-school: K-6 at Williamstown Elementary School.

For more information and options for licensed child care in your area, please visit https://eeclead.force.com/EEC_ChildCareSearch and search by zip code, specific provider, route to work, or radius of the town where you reside.

Financial Support Services

Berkshire Community Action Council (BCAC) - www.bcacinc.org

85 Main St., N. Adams(413) 663-3014

Fuel & emergency assistance. Free tax preparation.

Dept. of Transitional Assistance - www.mass.gov/orgs/departments-of-transitional-assistance

37 Main St., N. Adams(413) 236-2000

DTA kiosk located at 61 Main St., Suite 218, N. Adams(413) 663-7588

Cash assistance: Families (TAFDC) & individuals (EAEDC).

Our Lady of Charity Conference (St. Vincent DePaul Society)

St. Vincent DePaul Society, c/o St. Elizabeth of Hungary.....(413) 664-4835

One-time, short-term family assistance for needs not serviced by other agencies.

Financial Support Services (con't)

PopCares - www.popcares.org

P. O. Box 482, Williamstown.....(413) 281-1094
For NorthernBerkshire residents battling cancer: Short-term assistance for groceries, gas, dining, or for lodging while patients are undergoing treatment, for patient or caregiver.

The Salvation Army - massachusetts.salvationarmy.org/MA/NorthAdams

393 River St., N. Adams.....(413) 663-7987
Assistance with food and fuel assistance through the Good Neighbor Fund.

Social Security Administration - www.ssa.gov

96 Marshall St., N. Adams.....(877) 319-5709
Social security programs/SSI/SSDI, federal government programs.

Food Access

For a complete listing of food pantries and meal sites, see food charts on page 4-7.

Berkshire North WIC (Women, Infants, and Children) - www.berkshirehealthsystems.org/wic

North Adams Campus of BMC, 71 Hospital Ave.....(413) 663-3012
Healthy food for pregnant, postpartum and breastfeeding women and children up to 5.

Dept. of Transitional Assistance - www.mass.gov/orgs/department-of-transitional-assistance

160 North Street, Pittsfield.....(413) 236-2000
37 Main Street, N. Adams (limited hours).....(413) 236-2000
Supplemental Nutrition Assistance Program (SNAP), also known as food stamps, Healthy Incentive Program (HIP).

How to Apply for SNAP



BY MAIL OR FAX - Call DTA at 1-877-382-2363. Follow the phone prompts to have an application mailed to you. Mail application to: DTA Document Processing Center, P.O. Box 4406, Taunton, MA 02780-0420 or Fax to (617) 887-8765.



ONLINE - Visit dtaconnect.eohhs.mass.gov and click "APPLY SNAP" to start.



IN PERSON - Visit the DTA office at 37 Main Street, N.Adams or the DTA kiosk located at the Northern Berkshire Community Coalition located at 61 Main Street, Suite 218, North Adams.



BEFORE YOU APPLY, YOU WILL NEED: birth dates for everyone in the household, Social Security numbers for everyone in the household, household incomes and expenses.

Growing Healthy Garden Program

Learn to Grow organic vegetables, fruit, and herbs in various North Berkshire county community and school locations. Free for participants of all ages and abilities. Contact Program Manager at 413-663-8131 for more information.

Hoosac Harvest - www.hoosacharvest.org

A citizen-based organization that envisions a vibrant food system in which all members of the Northern Berkshire community participate and have access to locally grown, healthy and sustainably produced food. Offers subsidies for CSAs.

North Adams Farmers Market - www.northadamsfarmersmarket.com

St Anthony's Municipal Parking Lot at Marshall St. & St. Anthony's Dr.

June-October Saturdays, 9:00am-1:00pm - November to May First Saturday of the month 9:00am-1:00pm. Indoor season location announced on the website and FB page.

Accepts SNAP/EBT, HIP, Cash, Credit/Debit, Checks, WIC and Senior Coupons. The market offers a SNAP DOUBLING matching program called Market Match.

Public School Food Distribution Programs

Call school for details. School phone numbers are listed on pages 32-34.

Williamstown Farmers Market - www.williamstownfarmersmarket.org

Parking lot at the end of Spring St., Williamstown

Saturdays, 9:00am-1:00pm. May-October.

Offering DOUBLE on Senior and WIC FMNP Coupons.

The Northern Berkshire Food Access Collaborative is a working group convened and facilitated by the nbCC's Health and Wellness Coordinator. The group creates space for collaboration among all people connected to the food system. The Collaborative meets regularly. Call nbCC at (413) 663-7588 for more information.

Gently Used Clothing & Household Items

Berkshire Helping Hands - www.berkshirehelpinghands.org

189 Beaver Street, Suite 3, North Adams(413) 441-3747

Online community group to assist in meeting needs of neighbors.

Child Care of the Berkshires Clothing Exchange - <https://www.ccberkshire.org/the-family-center-1>

210 State Street, North Adams.....(413) 664-4821

The FREE Children's Clothing exchange is a room full of lightly used clothing. It includes newborn to size 12 clothing and children's shoes and books.

Goodwill Industries of the Berkshires and So. Vermont - www.goodwill-berkshires.com

Store: 166 State St., North Adams.....(413) 749-8999

Provides support services for families and children in crisis/need of clothing and household items.

VACCINE GUIDELINES*

**Ask your provider if there are other vaccines appropriate for you.*

Birth - 2 YEARS

Hepatitis B (HepB): to prevent liver disease: *3 doses by 18 mos*

Rotavirus (RV): to protect against virus causing diarrhea/vomiting/fever: *2 or 3 doses by 6 mos*

Diphtheria, tetanus, & acellular pertussis (DTaP): immunity to three deadly diseases: *4 doses by 18 mos*

Haemophilus influenzae type b (Hib): to prevent meningitis/pneumonia: *3 or 4 doses by 15 mos*

Pneumococcal conjugate (PCV13): to prevent blood infections and pneumonia: *4 doses by 15 mos*

Inactivated poliovirus (IPV): to prevent paralysis from poliomyelitis : *4 doses by 18 mos*

Measles, mumps, rubella (MMR): to prevent 3 serious childhood diseases: *1 dose by 15 mos*

Varicella (VAR): to prevent chicken pox: *1 dose by 15 mos*

Hepatitis A (HepA): to prevent the (mainly) foodborne form of viral hepatitis: *2 doses by 2 years*

2 - 18 YEARS

Diphtheria, tetanus, and acellular pertussis (DTaP): *Additional dose by 6 years*

Inactivated poliovirus (IPV): *Additional dose by 6 years*

Mumps, measles, and rubella (MMR): *Additional dose by 6 years*

Meningococcal (MenACWY): to prevent viral meningitis: *2 doses by 16 years*

Human papillomavirus (HPV): to prevent certain throat or genital cancers: *2-3 doses, ideally before age 15*

Seasonal flu vaccine *annually*

ADULTS > 18 YEARS

Tetanus/diphtheria (Td) or tetanus, diphtheria, and pertussis (Tdap): *Booster every 10 years for continued immunity. Tdap during pregnancy or for wound management*

Mumps, measles, and Rubella (MMR): *1 to 2 doses if born after 1957*

Varicella (VAR): *2 doses for those without immunity*

Pneumococcal pneumonia (PCV/PPSV): *1 to 2 doses for individuals with underlying conditions*

Seasonal flu vaccine *annually*

> 50 YEARS

Shingrix (RZV): to prevent serious illness caused by varicella (shingles): *2 doses*

Pneumococcal pneumonia (PCV/PPSV): *1 to 2 doses*

Seasonal flu vaccine *annually*

Covid-19 vaccination

5-11 YRS OLD: *2 doses of Pfizer-BioNTech*

12-17 YRS OLD: *2 doses of Pfizer-BioNTech & 1 Booster*

18 YRS OLD & UP: *2 doses of Pfizer-BioNTech or Moderna (preferred), J&J/Janssen (optional) as recommended*

Health Care Services

Adams Internists of BMC - www.berkshirehealthsystems.org/location/adams-internists-of-bmc

2 Park St., Adams(413) 743-1080
A comprehensive medical practice providing primary medical care to adults in the Northern Berkshire region

Community Health Programs (CHP) - www.chpberkshires.org

Family Medical & Dental Center, 71 Hospital Ave., North Adams(413) 664-4088
Provides primary health and dental care. Welcomes all patients and accepts most forms of insurance, including MassHealth. Sliding fee scale for eligible patients.

Ecu-Health Care - north.berkshirehealthsystems.org/community-health-wellness/ecu-health-care

99 Hospital Ave., N. Adams(413) 663-8711
Health Care access: Help enrolling in health care & public insurance programs.

North Adams Campus of BMC - north.berkshirehealthsystems.org

71 Hospital Ave. N. Adams(413) 664-5000
24-Hour Emergency Care(413) 664-5000
Berkshire Family Practice Associates, North County(413) 664-5550
Berkshire OB/GYN of BMC(413) 664-4343
Berkshire Occupational Health(413) 447-2684
Labs & Imaging(413) 664-5000
Renal Dialysis Center(413) 664-5100
Northern Berkshire Specialty Practices of BMC(413) 664-5411
Williamstown Medical of BMC(413) 664-5710

Northern Berkshire Pediatrics - <https://www.northernberkshirepediatrics.com/>

77 Hospital Ave., Suite 302, N. Adams.....(413) 663-8365

The Nutrition Center - www.thenutritioncenter.org

42 Summer St., Suite 306, Pittsfield.....(413) 429-8110
Provides nutrition and cooking education services to everyone regardless of insurance or ability to pay. Inspires a healthy relationship with food through counseling, nutrition, and culinary education.

Southwestern Vermont Medical Center - www.svhealthcare.org

100 Hospital Ave, Bennington, VT.....(802) 442-6361

SVHC Urgent Care powered by ClearChoiceMD - <https://ccmdcenters.com/locations/north-adams-ma>

856 State Road, North Adams(413) 727-8088

UCP (United Cerebral Palsy) - www.ucpwma.org

535 Curran Highway.....(413) 442-1562 ext. 28
Durable Medical Equipment Loaner Program - wheelchairs, walkers, scooters, portable (temporary) ramps, canes, tub seats and other mobility devices are often available at no cost due to the generosity of others in the community who donate usable equipment.

Health Care Services (con't)

VIM (Volunteers in Medicine) - <https://vimberkshires.org/>

777 Main Street, Suite 4, Great Barrington, MA.....(413) 528-4014

Provide access to free, comprehensive health care and translation services for those in the Berkshire region who are income-qualified and uninsured or under-insured.

Western MA Medical Reserve Corp. - wmmrc.org

Toll Free (800) 237-3239, (800-BE-READY)

Health education for emergency preparedness, training to respond to community emergencies.

Health Care Services (Home Based)

Associated Personal Care - www.amedisys.com

55 North St., Pittsfield.....(413) 344-2001

Services include home health care, hospice support care, and personal care.

At Home TLC - www.athometlc.com

60 Roberts Drive, Suite 310, North Adams(413) 664-0746

Services include home health care, hospice support care, personal care, companionship, errand services and VA services.

Berkshire VNA - www.berkshirehealthsystems.org/berkshirevna

77 Hospital Ave., N. Adams(413) 447-2862

Disease management, wound & ostomy care, pain & symptom management, infusion services, medication management & education, patient & caregiver education, joint replacement support, fall risk assessment & prevention.

Home Instead Senior Care - www.homeinstead.com

66 Wendell Ave, Pittsfield(413) 216-5455

Services include home health care, hospice support care, and companionship.

Hospice Care in the Berkshires - www.hcib.org

877 South Street, Pittsfield.....(413) 443-2994

Provides comfort and support to patients with a life-limiting illness, along with their families. Specializes in care that ensures dignity, peace and comfort.

Molari - www.molariinc.com

166 East St, Pittsfield(413) 499-4546

Services include personal care, meal preparation, light housekeeping, shopping, chore work and companionship.

Heating & Energy Programs

Berkshire Community Action Council (BCAC) - www.bcacinc.org

85 Main St., N. Adams (413) 663-3014

LIHEAP/Fuel assistance. Call (413) 663-3014 for appt. Other questions, call (866) 216-6200.

Citizens Energy - Joe Oil - www.citizensenergy.com

Toll Free (877) 563-4645

Offers assistance for oil and gas heat.

Eversource

Toll Free (800) 286-5844

For clients not behind on electric payments, New Start program.

MASS Energy Consumer Alliance - www.massenergy.org

Toll Free (800) 287-3950

Full service local oil dealers w/discount prices for home heating oil.

MassSave - www.masssave.com

Sponsored by National Grid & Berkshire Gas (866) 527-7283

Free home energy assessments, 0% interest loans, incentives & rebates for energy efficiency.

National Grid AMP Program

Toll Free (866) 580-7617 or (888) 211-1313

Arrears Management Program (AMP) helps customers who qualify for fuel assistance to pay off their current balance.

The Salvation Army - www.magoodneighbor.org

393 River St., N. Adams (413) 663-7987

The Good Neighbor Energy Fund.

Housing & Homelessness Services

Adams Housing Authority - www.ahauthority.com

4 Columbia St., Adams (413) 743-5924

Subsidized rental assistance based on income. Section 8 housing.

Berkshire County Regional Housing Authority (BCRHA) - www.bcrha.com

1 Fenn St., 4th Floor, Pittsfield (413) 443-7138

Toll Free (800) 248-9002

Housing services: legal help w/ housing and related issues, mediation/negotiation for landlord/tenant disputes, housing search.

Housing & Homelessness Services (con't)

Berkshire Housing Development Corporation - www.berkshirehousing.com

1 Fenn St., Pittsfield.....(413) 499-1630

Subsidized rental assistance based on income, section 8 housing, other housing support.

Louison House - www.louisonhouse.org

149 Church St. N. Adams and 395 Old Columbia St., Adams(413) 663-6323

Prevention, support, emergency intervention, and housing for the homeless, including shelter services.

North Adams Housing Authority - www.northadams-ma.gov

150 Ashland St., N. Adams.....(413) 663-5379

Subsidized rental assistance based on income. Section 8 housing.

Northern Berkshire Habitat for Humanity - www.northberkshirehabitat.org

P.O. Box 391, 61 Main St., N. Adams.....(413) 664-4440

Affordable home ownership for low and moderate income families.

Williamstown Housing Authority - www.williamstownha.com

35 Adams Rd., Williamstown.....(413) 458-8282, (413) 458-5483

Subsidized rental assistance based on income. Section 8 housing.

Some tenants mistakenly think they are covered by the landlord's insurance policy for the building. The landlord's insurance only protects the physical structure and any of the landlord's possessions. If the tenant does not have renter's insurance and there is damage to the property, the insurance for the building will not cover the tenant's possessions. Every renter's insurance policy is different, so it is important for the tenant to understand their specific policy, including the amount of coverage, as well as what acts and events are covered.

Immigrant & Cultural Support Services

Berkshire Immigrant Center - www.berkshireic.com

67 East St., Pittsfield(413) 445-4881

Support, information and referral for immigrants.

Multicultural BRIDGE - www.multiculturalbridge.org

17 Main Street, Lee, MA.....(413) 394-4029

Provides workplace development and language classes, education, competency and diversity training, interpreting and translation, immigrant support services, and facilitated community conversations.

VIM (Volunteers in Medicine) - <https://vimberkshires.org/>

777 Main Street, Suite 4, Great Barrington, MA.....(413) 528-4014

Provide access to free, translation services related to health care services for those in the Berkshire region who are income-qualified and uninsured or under-insured.

Information Services

1 Berkshire - www.1berkshire.com

66 Allen St., Pittsfield.....(413) 499-1600

General area information, business support.

Citizen Information Service - www.sec.state.ma.us/cis

Toll Free(800) 392-6090

Massachusetts State Government information and referral.

Massachusetts 211 - www.mass211.org

MA Local United Way Dial 211 or Toll free (877) 211-6277

24/7 contact for referrals: Berkshires and statewide.

Nonprofit Center of the Berkshires - www.npcberkshires.org

40 Railroad Street, Suite 10 Great Barrington, MA 01230.....(413) 441-9542

Facilitating growth for charitable organizations through shared resources, affordable services, and creative collaborations.

North Adams Chamber of Commerce - nachamber.org

P.O. Box 344, North Adams.....businessdevelopment@nachamber.org

A membership organization that promotes and advances the economic, civic and social vibrancy of the North Adams community.

Northern Berkshire Community Coalition - www.nbccoalition.org

61 Main St., Suite 218, N. Adams(413) 663-7588

Referrals and information on area services, neighborhood, community & youth programs. See page 2 for more details.

Northern Berkshire United Way - www.nbunitedway.org

40 Main St., Box 955, N. Adams(413) 663-9062

Area agency support and information.

Office of Tourism - www.northadams-ma.gov

City Hall, 10 Main St., Suite 107, N. Adams(413) 664-6180

Area information/tourism, city events.

Public Libraries

Adams Free Library - www.adamslibraryma.org

92 Park St.(413) 743-8345

Information Services (con't)

Public Libraries (continued)

Cheshire Public Library - www.cheshire-ma.net/library

23 Depot St.(413) 743-4746

Clarksburg Town Library - www.clarksburgma.us/library

711 W. Cross Rd.(413) 664-6050

David & Joyce Milne Public Library - www.milnelibrary.org

1095 Main St., Williamstown(413) 458-5369

Florida Free Library

56 N. County Road.....(413) 664-0153

North Adams Public Library - www.naplibrary.com

74 Church St.(413) 662-3133

Savoy Hollow Library

720 Main Road(413) 743-3759

Williamstown Chamber of Commerce - www.williamstownchamber.com

84 Spring Street, Williamstown.....(413) 458-9077

General area information & resource for businesses, residents & tourists.

Williamstown Community Chest - williamstowncommunitychest.org

84 Spring Street, Williamstown.....(413) 458-2443

Area agency support and information.

LGBTQIA+ Services & Support

Elizabeth Freeman Center LGBTQ Services - <https://elizabethfreemancenter.org/learn-more/rainbow/>

61 Main Street, Suite 202, North Adams.....(413) 663-7459

Specialized LGBTQ counselors and services. Free and confidential counseling, advocacy, and support. (North County LGBTQ counselor: Molly at 413-663-7459)

Elizabeth Freeman Center LGBTQ Community Advisory Board - an every-other-month meeting of community members working to make the Berkshires a safe and just place to live for LGBTQ survivors. Email B at bb@elizabethfreemancenter.org to join us!

Berkshire Trans Peer Support Group - <https://www.facebook.com/transberkshires/>

Emailtransberkshires@gmail.com

Peer discussion/empowerment group for adults who are trans, genderqueer, or gender-questioning. Email Ray Garnett at transberkshires@gmail.com or check transberkshires on Facebook for exact dates. Ray Garnett at Berkshire Trans Group also keep an informal list of LGBTQ-friendly and/or competent providers in and around Berkshire County, as recommended by trans community members at Berkshire Trans Group. Email Ray at transberkshires@gmail.com for a copy.

Rainbow Seniors - <https://rainbowseniors.org>

Berkshire County.....(413) 664-6549

Social and support group for LGBTQ seniors age 50 & up. Meetings in North, Central, and South County.

QSA/GSA/QSUs individual schools (middle or high) may also have a Gay Straight or Queer Straight Alliance, or Queer Students Unions. If you are unsure if a school has one, the guidance counselor should be aware and know who to direct you to. For contact information for schools please refer to the Schools & Education section on pages 32-34.

Berkshire Stonewall Community Coalition - <https://berkshirstonewall.org>

Supports the well-being of LGBTQ+ people of the Berkshires, the board of directors comes from the various LGBT groups in the county, mostly listed here. Working on adding to their website and programming for LGBTQ people in the Berkshires

Affirmative Counseling - www.affirmativecounseling.net

10 Wendell Ave Extension, Pittsfield.....(413) 358-3038, (413) 358-5697

Counseling services for Individuals, Families, Adults, Adolescents, and Children. Psychotherapy, Consultation, Supervision, and Training. Expertise in gender and sexuality issues.

Legal & Consumer Services

Community Legal Aid - www.communitylegal.org

152 North St., Pittsfield.....(413) 499-1950

Free legal advice and representation, divorce clinics, workshops, domestic violence, tax preparation for low- income. Must call and complete intake for appointment.

Consumer Services Program @ BCRHA - www.bcrha.com

1 Fenn St., 4th Floor, Pittsfield(413) 344-4861

Consumer counseling/mediation for individuals with issues or complaints with for-profit businesses.

The Berkshire Consumer Services @ BCRHA - www.bcrha.com

1 Fenn St., 4th Floor, Pittsfield(413) 443-7138, ext. 212

Offers free, voluntary and confidential conflict intervention services to help individuals, schools, neighbors, family, elders, businesses, and community organizations resolve conflicts with the support of an impartial, third party mediator.

Money Management International - www.moneymanagement.org

Toll Free(800) 282-6196

Consumer credit services.

Mental Health/Counseling

Mental Health Crisis911
Berkshire Crisis Team (operated by the Brien Center) 24/7(800) 252-0227

Berkshire Coalition for Suicide Prevention - www.berkshirecoalition.org

Suicide Prevention Lifeline - 24/7(800) 273-8255 or (800) 273-TALK or 988
Suicide Loss Support.....(413) 441-6316

Mental Health/Counseling (con't)

BMC Jones Psychiatric Care (short term)

Call the Berkshire Crisis Team (operated by the Brien Center) at (413) 499-0412 for intake or go directly to the emergency room.

Brien Center for Mental Health and Substance Abuse Services - www.briencenter.org

124 American Legion Drive, N. Adams.....(413) 664-4541
Main Office Line.....(413) 499-0412

Outpatient therapy and psychiatry; individual, family, and group treatment offered for mental health and addiction. Court-mandated treatment for first and second OUI offenders. Urgent access to medications for addiction (e.g. Suboxone). Adult Community Clinical Supports provide comprehensive services for individuals with severe and persistent mental health conditions. 24-hour crisis assessment and intervention services are also available. See page 41 under youth services.

Clinical Support Options (CSO) - www.csoinc.org

877 South St., Pittsfield.....(413) 236-5656

Support and counseling for families, individuals, and children in Berkshire County. Outpatient services.

Counseling Center of the Berkshires - www.cberkshires.com

34 Depot St., Pittsfield.....(413) 499-4090

Counseling resources for individuals and families.

NAMI Berkshire County (National Alliance on Mental Illness of Berkshire County) - www.namibc.org

333 East St., Room 417, Pittsfield(413) 443-1666
Warm Line.....(413) 445-1136

Support, education and advocacy provided to individuals, families and caregivers whose lives are affected by mental illness. A resource library consisting of informational pamphlets, books and literature are available. All services/programs are free. Eligibility: All

Wildflower Alliance - wildfloweralliance.org

361 North Street, Suite 28, Room 1, Pittsfield.....(413) 464-9807

The Wildflower Alliance supports healing and empowerment for our broader communities and people who have been impacted by psychiatric diagnosis, trauma, extreme states, homelessness, problems with substances and other life-interrupting challenges.

Call the Family Resource Center at the Northern Berkshire Community Coalition at (413) 663-7588 for a list of north Berkshire private practitioners and the insurance they accept.

Parks and Recreational Areas

Adams

Ashuwillticook Rail Trail - Adams to Lanesborough, 12 Miles

Biking, walking, roller skating

Hoosac Valley Elementary School Playground - 14 Commercial St.

Playground

Reid Field - Sparrow St.

Park, play structures

Renfrew Park - 46 Friend St.

Skate park, baseball field, basketball courts, soccer field and play structure

Russell Field - Prospect St.

Tennis courts, baseball field, play structure and bike racks

Greylock Glen - Gould Rd.

Hiking, biking, walking, bird watching, cross-country skiing

Cheshire

Ashuwillticook Rail Trail - Adams to Lanesboro, 12 Miles

Biking, walking, roller skating

Clarksburg

Clarksburg State Park - 1199 Middle Rd.

Hiking, walking, swimming, camping, fishing

Clarksburg Elementary School - 777 West Cross Rd.

Playground

Florida

Abbott Memorial School - 56 N County Rd.

Playground

North Adams

Alcombright Athletic Field - Protection Ave.

Baseball, softball, T-Ball, soccer, etc.

Beaver Street Playground - Beaver St.

Neighborhood playground, basketball

Brayton Field Playground - Barbour St. near Brayton Elementary School

Softball, baseball, youth soccer, basketball, playground

The Cascades - Parking at YMCA

Hiking, walking

Colegrove Elementary School - East Main St.

Playground

Elderly Housing Recreation Area - 150 South Church St.

Passive recreation

Parks and Recreational Areas (con't)

North Adams (con't)

Freeman Playground - Corner of Hospital Avenue and Eagle St.

Neighborhood playground, girl's minor league softball, basketball

Greylock School Playground - Phelps Ave.

Neighborhood playground, Little League Baseball, basketball

Joe Wolfe Field - Noel Field Athletic Complex, State St.

Baseball, Home of the North Adams SteepleCats - Collegiate Baseball League

Noel Field Athletic Complex – State St.

Basketball with lighting, skatepark, splash pad, picnic, soccer, softball, walking tracks, playground activities, sporting events, basketball, tennis, football, softball

Joe Girardi Park - Ashton Ave.

Canoe launch site, hiking/walking trails

Johnson School Playground - Corner of Williams and Cady St.

Neighborhood playground, basketball

Kemp Park - Kemp Ave.

Neighborhood park and playground, basketball

Mt. Greylock State Reservation - 456 Notch Rd.

Hiking trails, walking, camping

Natural Bridge State Park - McAuley Rd.

Hike, walk, explore

Notch Reservoir - Reservoir Rd.

Hiking, nature observation

Peter W. Foote Vietnam Veterans Skating Rink - 1267 South Church St.

Ice skating, ice hockey

Ragged Mountain Reservation - Northeast Range of Mount Greylock

Hiking, hunting, snowmobiling, wildlife, cross-country skiing, nature observation

River Grove Park - Corner of River Street and Houghton St.

Walking track, playground, youth soccer, youth football, dog park

Houghton Street Playground - Corner of River Street and Houghton St.

Neighborhood playground

UNO Community Center and Park - 157 River St.

Basketball, bocce ball

Windsor Lake - Intersection of Bradley St. and Kemp Ave.

Picnic, swimming, hiking, boating, fishing, cross-country skiing, special events, playground, mountain biking, Camp Decker, Historic Valley Campground

Savoy

Savoy Mountain State Forest - 260 Central Shaft Rd.

Hiking, walking, camping

Savoy Elementary School - 26 Chapel Rd.

Playground

Williamstown

Broad Brook Playground - Harrison Ave.

Playground, basketball, picnic

Clark Art Institute - 225 South St.

Walk, run, snowshoe, hike

Field Farm Reservation - 554 Sloan Rd.

Hiking, walking, snowshoeing, running

Haley Farm Trail Head - 1033 Hopper Rd.

Hiking, walking

Hopkins Forest

Walk, hike, run, snowshoeing, cross-country ski

Linear Park - 24 Water St.

Playground, picnic, swimming, walking trails

Linear Park Trails - Woodland Dr.

Walking, hiking, running, snowshoeing

Margaret Lindley Park - 201 Cold Spring Rd.

Swimming, picnic, walking, hiking

Mount Hope Park - Green River Rd.

Walking, swimming, picnic, Follow the road through the park and uphill to find Hopper Road and trail heads for Mount Greylock

Mountain Meadow Preserve - Mason St.

Hiking, walking, snowshoeing, running

Pine Cobble Trail Head - Pine Cobble Rd.

Connects to the Appalachian Trail

Sheep Hill - 723 Cold Spring Rd.

Picnic, hiking, and bird watching, seasonal events

Spruces Park - 60 Main Street, Route 2

Walk, run, cross-country ski, snowshoe, dog park

Williamstown Elementary School - 115 Church St.

Playground

Pets

Berkshire Humane Society - www.berkshirehumane.org

214 Barker Rd., Pittsfield..... (413) 447-7878

Pet adoption, low-cost spay and neutering, family dog school, humane education. Pet Food Pantry at the Al Nelson Friendship Center Food Pantry in North Adams when available.

Eleanor Sonsini Animal Shelter - www.sonsinianimalshelter.org

875 Crane Ave., Pittsfield..... (413) 448-9800

Pet adoption, pet care, volunteer opportunities, pet fostering network.

Greylock Animal Hospital - www.greylockanimalhospital.com

1028 State Rd., N. Adams..... (413) 663-5365

Veterinary services.

North County Vet - www.northcountyvet.com

838 Curran Memorial Highway, N. Adams..... (413) 664-4570

Veterinary services.

Dog Parks - See pgs. 26-29, Parks & Rec. Areas. Check under each town for locations.

Police

Emergencies **911**

State Police, Route 8, Cheshire **(413) 743-4700**

Adams - www.adampolice.com

4 School St..... business: (413) 743-1212

Cheshire - www.cheshire-ma.net/police-department

150 Meadowview Dr..... (413) 743-1501

Clarksburg - www.clarksburgma.us/police-department

111 River Rd..... (413) 663-7940, ext. 2

North Adams - www.northadams-ma.gov

11 Summer St. (413) 664-4944

Savoy

720 Main Road (413) 743-0364

Shelburne Falls State Police - www.mass.gov/locations/state-police-shelburne-falls-barracks

289 Mohawk Trail, Shelburne Falls (413) 625-6311

Williamstown

825 Simonds Road (413) 458-5733

Pregnancy/Family Planning/Sexual Health

Berkshire Harm Reduction

See page 35 under Substance Use Supports & Recovery for phone numbers and services.

New Direction Women's Center - www.newdirectionpc.org

25 First St., Pittsfield(413) 347-8005
Available 24/7(800) 712-4357
24/7 Text LineText "helpline" to 313131

Offers a variety of free and confidential pregnancy help services and is a resource for women in unintended pregnancies. Services are provided in a safe and comfortable atmosphere.

Tapestry Health - <https://www.tapestryhealth.org/sexual-reproductive-health/>

289 Church St. at MCLA Wellness Center, North Adams(413) 662-5258
Open 1-6pm on Wednesdays. Birth control; pregnancy testing; Hep.C/HIV/STI testing; emergency contraception; family planning counseling;breast cancer screening;pap smears, pelvic exams;HPV vaccine.

Teen to 23 Project - www.berkshirenursingfamilies.org/weekly-groups

Haskins School, 210 State St., North Adams(413) 743-5338
For pregnant young families, we provide childbirth/breastfeeding education on Thursdays from 11:00am to 1:00pm. Also provide peer support and parenting/breastfeeding support for young families with infants. Breastfeeding support group meets every Tuesday from 10:00am - 12:00pm.

Protective & Hotline Services

Berkshire Crisis Team

Operated by the Brien Center 24/7(413) 499-0412

Department of Children & Families (DCF) - www.mass.gov/orgs/massachusetts-department-of-children-families

73 Eagle St., Pittsfield(413) 236-1800
Toll Free(800) 292-5022
HOTLINE after 5:00 pm(800) 792-5200

Protection for children who have been abused or neglected in a family setting.

Disabled Persons Protection Commission (DPPC)- - www.mass.gov/orgs/disabled-persons-protection-commission

ABUSE HOTLINE(800) 426-9009

Protection for children who have been abused or neglected in a family setting.

Elder Abuse Hotline - www.mass.gov/reporting-elder-abuse-neglect

HOTLINE(800) 922-2275

Assist and support for elders w/physical, verbal, financial exploitation or neglect.

Protective & Hotline Services (con't)

Abuse in Hospitals & Nursing Homes Hotline - www.mass.gov/how-to/file-a-complaint-regarding-a-hospital

HOTLINE (800) 462-5540

Assist and support for elders w/physical, verbal, financial exploitation or neglect.

Elizabeth Freeman Center - www.elizabethfreemancenter.org

61 Main St., Suite 202, N. Adams (413) 663-7459

Adams Police Department (counselor's cell phone) (413) 347-0117

HOTLINE 24/7 Confidential Toll Free (866) 401-2425

Domestic violence and sexual assault services for adults and children, including safe shelter, court advocacy, counseling, support groups and trainings.

National Suicide Hotline - www.suicidepreventionlifeline.org

HOTLINE (800) 273-8255 (800-273-TALK) or 988

Parent Stress Hotline - www.parentshelpingparents.org/parental-stress-line

HOTLINE (800) 632-8188

Help for parents with stress or in crisis.

Poison Control - www.webpoisoncontrol.org

HOTLINE (800) 222-1222

Safelinks - www.mass.gov/service-details/domestic-violence-programs-for-survivors

HOTLINE 24/7 (877) 785-2020

HOTLINE 24/7 (TTY) (877) 521-2601

Schools & Education

Adult Basic Education Program - www.napsk12.org/page/adult-basic-education

For more information (413) 412-1118

Basic skills, HISET test preparation, College & Career readiness and ESL Classes.

BArT - Berkshire Arts & Technology - www.bartcharter.org

One Commercial Place, Adams (413) 743-7311

Public, tuition-free charter school for middle and high school students in Northern Berkshire.

Berkshire County Head Start - www.berkhs.org

See details on page 13 under Family Services.

Division of Graduate and Continuing Education @ MCLA - www.mcla.edu

375 Church St., N. Adams (413) 662-5575

Bachelor's degree completion programs, adult evening classes at MCLA and online, professional development for teachers, summer courses, and summer camps for kids.

Hoosac Valley Regional School District - www.hoosacvalley.org

125 Savoy Rd., Cheshire (413) 743-2939

School District Superintendent's Office.

Hoosac Valley Elementary - www.hoosacvalley.org/hves

14 Commercial St., Adams..... (413) 743-0876

Grades K - 3, after-school educational programs.

Hoosac Valley Middle and High School - www.hoosacvalley.org/hvms

125 Savoy Road, Cheshire..... (413) 743-5200

Grades 4 - 12 (Adams, Cheshire, Savoy).

McCann Technical School - www.mccanntech.org

70 Hodges Crossroads, N. Adams (413) 663-5383

Technical high school, Northern Berkshire District. Grades 9 - 12, & Superintendent's office. Training in cosmetology, medical assistance, dental assistance, surgical technologists, practical nursing.

Mount Greylock Regional School District - www.wlschools.org

Williamstown..... (413) 458-9582 ext. 4000

School District Superintendent's Office.

Mt. Greylock Regional High School - www.wlschools.org/page.cfm?p=513

1781 Cold Spring Road, Williamstown..... (413) 458-9582

Regional middle & high school, grades 7-12 (Lanesboro, Hancock, New Ashford & Williamstown) & Superintendent's Office.

Williamstown Elementary - www.wlschools.org/page.cfm?p=512

115 Church St., Williamstown (413) 458-5707

Grades pre-K - 6.

North Adams Public Schools (NAPS) - www.napsk12.org

10 Main St., N. Adams (413) 662-3225

School District Superintendent's & Central Office. All student enrollments are through the Central Office.

Brayton Elementary - bes.napsk12.org

20 Brayton Hill Terrace, N. Adams..... (413) 662-3260

Grades: Pre-K, K-6, after-school program.

Colegrove Park Elementary - ses.napsk12.org

East Main St., North Adams..... (413) 663-3250

Grades K - 6.

Drury High School - dhs.napsk12.org

1130 S. Church St., N. Adams (413) 662-3240

Grades 7-12 (N. Adams, Florida, Clarksburg, Monroe, Stamford, Readsboro).

Schools & Education (con't)

Greylock Elementary - ges.napsk12.org

100 Phelps Ave., N. Adams (413) 662-3255

Grades K-6, after-school programs.

E-3 Academy - www.napsk12.org

The Armory, 206 Ashland St., North Adams (413) 776-1669

N. Adams alternative high school - (a program of Drury High School)

Northern Berkshire School Union - www.nbsunion.com

26 Union St., Suite 1A, N. Adams (413) 664-9292

School District Superintendent's Office for Florida, Savoy, Clarksburg, Monroe & Rowe grade schools.

Clarksburg Elementary - www.clarksburgschool.org

777 W. Cross Road, Clarksburg (413) 663-8735

Grades K - 8 for Clarksburg students.

Gabriel Abbott Memorial - www.abbottmemorial.org

56 N. County Rd., Florida (413) 664-6023

Grades pre-K - 8 for Florida students.

Emma L. Miller Elementary - www.savoyelementary.com

26 Chapel Road, Savoy (413) 743-1992

Grades pre-K - 5 for Savoy students.

Rowe Elementary - www.rowschool.org

86 Pond Rd., Rowe (413) 512-5100

Grades pre-K - 5 for Rowe students.

Pine Cobble School - www.pinecobble.org

163 Gale Road, Williamstown (413) 458-4680

Co-educational, private school, grades pre-K - 9.

St. Stanislaus Kostka School - www.ststansadams.org

108 Summer St., Adams (413) 743-1091

Catholic, private school, grades pre-K - 8.

Substance Use Supports & Recovery

Support Services and Help Lines

Al-Anon (for family members) - www.berkshireanon.org

Toll Free (888) 425-2666

Support for family and friends of individuals who misuse alcohol or other substances.

Alcoholics Anonymous (AA) - www.westernmassaa.org

Hotline/Main/Intergroup(413) 532-2111
Spanish speaking(413) 409-2201

A fellowship of people who share their experience, strength and hope with each other, that they may solve their common problem, and help others to recover from alcoholism.

Berkshire Harm Reduction - www.berkshirehealthsystems.org/programs-and-services/berkshire-harm-reduction

6 West Main St., North Adams(413) 398-5603
510 North St, 6-B2, Pittsfield(413) 447-2654

Free and confidential services include STD, HIV, and hepatitis C testing and treatment; Syringe Service program; overdose education and Naloxone distribution; HIV case management; designated sharps disposal site; free condoms; referrals for health insurance, PCP and other community resources.

Brien Center for Mental Health & Substance Abuse Services - www.briencenter.org

124 American Legion Dr., North Adams, MA(413) 664-4541
24-hour Crisis Line(800) 252-0227

Outpatient therapy and psychiatry; individual, family, and group addiction treatment. Court-mandated treatment for first and second OUI offenders. Urgent access to medications for addiction (e.g. Suboxone). 24-hour crisis assessment and intervention services are also available. Addiction prevention and treatment services for youth offered at Drury High School, community and clinic settings.

Celebrate Recovery - www.firstbaptistnorthadams.org

131 Main St., N. Adams(413) 663-3780

A Christian-based 12-step program. Call for hours.

First Steps Together - www.mass.gov/info-details/about-first-steps-together

Center for Human Development, 141 North St., Ste. 307, Pittsfield .(413) 372-9830

A home visiting program which includes peer coaching and parenting support programs for moms recovering from opioid dependence. Recovery and parenting group referrals for physical and mental health care and substance use treatment, and connections to community-based services.

George B. Crane Memorial Center - www.thegbcmc.org

81 Linden Street, Pittsfield(413) 464-7066; (413) 281-7407

AA, NA. Refuge recovery, and other recovery support programs.

Institute for Health and Recovery - www.healthrecovery.org

Toll Free(866) 705-2807

Facilitate referrals to family residential substance use treatment programs and sober living programs around the state. Can refer pregnant/postpartum individuals; individuals/families with children in their care; individuals/families with children out of their care but with the goal of reunifying in a program.

Josh Bressette Commit to Save a Life - www.commit2savealife.org

For information(802) 440-6221

Financial assistance for recovery.

Substance Use Support & Recovery (con't)

Learn to Cope (for family members) - www.Learn2Cope.org

BMC Cancer Center/HEAL Community Room, 165 Tor Ct, Pittsfield (508) 738-5148

Support Group Meetings, 2nd & 4th Tuesdays 7:00-8:30 p.m., in person; 1st & 3rd Tuesdays virtually.

Living in Recovery - www.the gbcmc.org

81 Linden St., Pittsfield(413) 270-3681

Community recovery center to aid local recovery community including family members, friends and supports.

Nar-Anon (for family members) - www.naranonctma.org

For informationwww.naranonctma.org

Narcotics Anonymous (NA) - www.berkshirena.com

Help Line(413) 443-4377

Substance Abuse Helpline - www.helplinema.org

Toll-Free(800) 327-5050

Recovery Support Meetings - See pgs. 8-9 for a list of weekly AA, NA, and other substance use support groups in the area.

Detox Centers

Adcare Hospital - www.adcare.com/programs/adcare-hospital

107 Lincoln St., Worcester, MA 01605(866) 577-3554

Round-trip transportation provided.

Berkshire Medical Center, McGee Unit - www.berkshirehealthsystems.org

725 North St., Pittsfield.....(413) 442-1400 or (413) 445-9228

Detoxification, stabilization and rehabilitation services.

Clinical Stabilization Services (CSS) Unit @ BMC

725 North St., Pittsfield.....(413) 447-2927

Detoxification, stabilization and rehabilitation services.

Northern Hope Center/Franklin Recovery Center

21 Kenwood St., Greenfield(413) 733-1423 or (413) 737-2439

Swift River - www.swiftriver.com

151 South Street, Cummington, MA(844) 906-0978, (888) 655-0289

Providing 30 day residential care for those who are suffering from alcohol or substance abuse issues. Dual diagnosis facility specializing in DBT and CBT therapy. Art, music and adventure therapy. Detox center, 15-month online aftercare program with a life coach.

Outpatient Programs

Adcare Outpatient Services - www.adcare.com

117 Park Ave., W. Springfield, MA 01089.....(866) 577-3554

Brien Center for Mental Health & Substance Abuse Services - www.briencenter.org

333 East St. # 227, Pittsfield, MA(413) 499-0412

124 American Legion Dr., North Adams, MA(413) 664-4541

Crisis Line.....(800) 252-0227 (24-hr)

60 Cottage St., Great Barrington, MA.....(413) 528-9156

Intensive Outpatient Program (“Day Treatment”), individual, family and group treatment, medication for addiction (e.g. Suboxone). Court-mandated treatment for first and second OUI offenders. Addiction prevention and treatment services for youth offered in schools, community and clinic settings. 24-hr. crisis services.

Medication Assisted Treatment

Better Life Partners

Call or text(866) 679-0831

Suboxone and same-day treatment for Opioid Use Disorder. Medicaid, Medicare, most insurance, and sliding fee scale accepted.

Brien Center for Mental Health & Substance Abuse Services - www.briencenter.org

See above for address and phone numbers under Outpatient Programs.

Urgent access to medications for addiction, including buprenorphine (Suboxone, Sublocade) and naltrexone (Vivitrol). Bridge services to ensure uninterrupted addiction treatment for individuals experiencing homelessness, incarceration, or who were recently started on buprenorphine in an emergency department.

Clean Slate - www.cleanslatecenters.com

77 Hospital Ave, Suite 107, North Adams.....(413) 346-2544

Outpatient addiction treatment center includes addiction medication-assisted support program and rehabilitation for drug addictions like opioids and alcohol. Accepts Medicare, Medicaid and commercial insurance.

Right Choice Health Group - www.rightchoicehealthgroup.com

152 North St. Suite #250, Pittsfield.....(413) 344-0170

Offers Suboxone, Vivitrol, Sublocade, Hep C treatment for enrolled individuals. Accepts Mass Health, Medicare, private insurance.

SaVida Health - www.savidahealth.com

77 Hospital Ave, Suite 104, North Adams.....(413) 398-5180

42 Summer St., Pittsfield(413) 236-9100

Opioid and alcohol addiction treatment including FDA-approved medications combined with therapeutic recovery services. Individualized treatment plan includes counseling and case management services.

Substance Use Support & Recovery (con't)

Spectrum Health Systems - www.spectrumhealthsystems.org

1274 Curran Highway, North Adams(413) 664-9024

Addiction treatment services including inpatient detoxification, residential rehabilitation, medication-assisted treatment, outpatient counseling and peer recovery support.

Residential Long-Term Treatment/Recovery Housing

Alternative Living Center - www.alternativelivingcenters.com

206 1st St., Pittsfield.....(413) 499-6300

Privately operated sober housing, structured living and advanced recovery home.

Keenan House North - www.briencenter.org

42-44 Arnold Place, North Adams.....(413) 662-2480

A 16-bed, co-ed residential recovery home for people in early recovery from addiction whose co-occurring mental health conditions require clinical support.

Keenan House for Men, @ The Brien Center - www.briencenter.org

202 Bradford St., Pittsfield.....(413) 499-0412

A 24 bed residential recovery home for people in early recovery from addiction.

Safe Harbor - www.briencenter.org

Pittsfield.....(413) 499-1456

A permanent housing reunification program for families impacted by substance use.

Supportive Housing - www.briencenter.org

Pittsfield(413) 344-1637

A safe, affordable and sober environment designed to reduce the chances of relapse and promote adaptive living skills (min. 90 days in recovery).

Substance Use Support- Tobacco

Berkshire AHEC's Tobacco-Free Community Partnership - www.berkshireahec.org

395 Main St., Dalton(413) 842-5160

MA Quit Now Smoking Hotline.....(800) 784-8669

Free resources and support for coalitions, agencies, municipalities and workplaces on strategies to address tobacco issues and promote tobacco-free living.

Transportation

Angel Flight East - www.angelflighteast.org

1501 Narcissa Road, Blue Bell, PA(215) 358-1900

Free coordinated flights for passengers who are ambulatory, sufficiently stable, and who have

conditions including, but not limited to chemotherapy, clinical trials, burn treatment, chronic congenital conditions or rare diseases, immune conditions that prevent flying on commercial airlines, or other medical issues that need to be addressed far from home.

Berkshire Regional Transit Authority (BRTA) - www.berkshirerta.com

1 Columbus Ave., Pittsfield(413) 499-2782, (800) 292-2782

Transportation for the Berkshire region. Buses, non-emergency medical transportation. Mass Health patients need permission from doctor.

County Ambulance - www.countyamb.com

175-185 Wahconah St. Pittsfield(413) 499-2527

In partnership with BMC, offering free transportation to residents of North Berkshire to BMC.

CRT Inc. Cabulance - www.CRTcabulance.com

16 Oak St., Pittsfield.....(413) 447-3800

Provides ambulatory and wheelchair transportation services for clients attending dialysis, medical appointments, and more. ADA compliant.

Local Councils on Aging

Refer to pages 9 - 11 for phone numbers.

Local medical transportation only.

Northern Berkshire Community Coalition Bike Collective - www.nbccoalition.org

Currently hosted at the North Adams Armory(413) 663-7588

A space to convene and build community around bicycles. Bicycles for sale or to earn. Northern Berkshire residents can bring their bikes for basic fixes or maintenance. The bike collective will take bikes and bike part donations.

Northern Berkshire Transport - www.northernberkshireems.com

30 Water Street, Williamstown.....(413) 458-9831

Provides non-emergency medical transportation, including trips to and from doctors' offices, to and from dialysis and radiation centers, and other non-emergency situations that require a high degree of patient care.

RJ Taxi Service

429 Curran Highway, North Adams(413) 346-4907

Provides cab service to passengers throughout Northern Berkshire County. Open 24 hours, 7 days a week. Offers local and long distance transportation.

Wheels for Wellness - www.wheelsforwellness.net

Call to schedule transportation(413) 395-0109

Volunteer Community Car Ride Service for health-related activities, including vaccinations.

Ride hailing services may be available. Download the Uber or Lyft apps to check availability.

Veterans Services

Veterans Crisis Line

Toll Free(800) 273-8255 (800) 273-TALK

American Red Cross - www.redcross.org

Springfield, MA 01104(413) 737-4306, ext. 1929
Call Center.....(877) 272-7337

Service to Armed Forces (SAF) outreach services provides information and referrals, local resources, and family follow-ups. Call center provides emergency communication, financial assistance and veteran services.

Office of Veteran Services

City Hall, 10 Main St., N. Adams..... (413) 662-3040
Town Hall, 8 Park St., Adams.....(413) 743-8300 ext. 125
31 North St., Williamstown.....(413) 458-4106

Services, advocacy and support for veterans.

Soldier On - www.wesoldieron.org

360 West Housatonic St., Pittsfield.....(413) 236-5644
425 N. Main St., Leeds, MA.....(413) 582-3059

Shelter, treatment, employment services for veterans of U.S. military service.

Vermont Veterans' Home - www.vvh.vermont.gov

325 North St., Bennington, VT(802) 442-6353

Residential and health care campus for veterans.

Veterans Outpatient Clinic - www.centralwesternmass.va.gov/locations/pittsfield.asp

78 Center St., Silvio Conte Building, 2nd Floor, Pittsfield(413) 499-2672
Mental Health Clinic(413) 584-4040 x2336

Primary & mental health services for veterans only.

Veterans Western Massachusetts Call Center

Telephone Care.....(800) 893-1522

Veterans appointments and health care questions.

Volunteers

Berkshire Non-Profits - www.berkshirenonprofits.com

Online portal connecting volunteers to non-profit opportunities and vice versa.

Center for Learning in Action (CLiA) - <https://learning-in-action.williams.edu>

983 Main St., Williamstown(413) 597-4588

Contact to access volunteers or interns.

Community Outreach & Civic Engagement Training @ nbcc

61 Main St., Suite 218, N. Adams(413) 663-7588

This training offers information on the different social services and the assets of the communities we live in. Participants expand their understanding of being an effective community/neighborhood leader through networking, sharing resource information with the public, and being a role model of community pride and involvement.

Volunteer Center at MCLA - <http://www.mcla.edu/student-life/service-leadership/volunteer-center/index.php>

MCLA, 375 Church St., N. Adams.....(413) 662-5251

Contact to access volunteers or interns.

Youth Services

Berkshire Family YMCA - www.bfymca.org/locations/northern-berkshire-branch

22 Brickyard Ct., N. Adams(413) 663-6529

Mentoring and recreational programs for youth.

The Brien Center for Mental Health & Substance Services - www.briencenter.org

124 American Legion Dr., N. Adams(413) 664-4541

24-hr. crisis line(800) 252-0227

Services include: Outpatient & in-home therapy, intensive care coordination, family support & training, in-home behavioral therapy & therapeutic mentoring available for youth & caregiver's mental health needs. The Continuum, home-based and residential services for youth. Assessment, intervention and treatment to adolescents with substance issues. Addiction prevention and early intervention offered in local schools.

Playwright Mentoring Program (PMP) -

www.barringtonstageco.org/education-bsc/playwright-mentoring-project

Barrington Stage.....(413) 997-6117

Theater program for young people age 13-19. Create original theater based on life experience.

ROOTS Teen Center - www.rootsteencenter.com

51 Ashland Street, N. Adams(413) 663-0033

A safe and inclusive drop-in center for Northern Berkshire youth ages 13-22.

Salvation Army: Bridging the Gap - www.salvationarmy.org/northadams

393 River St., N. Adams(413) 663-7987

Life skills training program for court referred teens 11-17.

Williamstown Youth Center, Inc. - www.williamstownyouthcenter.org

66 School St., Williamstown(413) 458-5925

Social, recreational and educational programs - after-school, summer - small fee.

Youth Center, Inc. - www.youthcenterinc.com

191 Church St., Cheshire(413) 743-3550

Social, recreational and educational programs and drop-in after-school, summer.

Youth Activities/Clubs/Sports

Visit nbCC's website at www.nbccoalition.org to see a complete list of youth activities, clubs, and sports.

Additional Area Resources

The Community Space at Terra Nova - <https://www.facebook.com/terranovanorthadams>

85 Main St., Suite 105, North Adams northadams@terranovachurch.org

Community shared space for programs, gatherings and events that enhance community life. Email for information on capacity and fees.

NBCTC: Northern Berkshire Community Television - www.nbctc.org

69 Union St. N. Adams (413) 663-9006

Regular programming Channel 1301

Educational programming Channel 1302

Political programming Channel 1303

Local coverage of community events, issues, and programs.

Northern Berkshire Community Coalition - www.nbccoalition.org

61 Main St., Suite 218, N. Adams (413) 663-7588

Information, connection, and referrals to local organizations, resources, and services. Convenes community members and stakeholders to discuss relevant local issues via monthly forums, workgroups, and taskforces.

Salvation Army - massachusetts.salvationarmy.org/MA/NorthAdams

393 River St., N. Adams (413) 663-7588

Provides community with faith based support, food access, and other supports.

UNO Community Center, a program of nbCC- www.https://nbccoalition.org/resources/uno-community-center/

157 River Street, North Adams (413) 663-7588

Community meeting and event space. Available for private rentals.

WilliNet: Community Television for Williamstown - www.willinet.org

34 Spring St., Williamstown (413) 884-3309

Local coverage of community events, issues, and programs.



Northern Berkshire Community Coalition

61 Main Street, Suite 218
North Adams, MA 01247
(413) 663-7588

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Emergency Numbers

For Fire, Police or Ambulance from anywhere in Massachusetts.....Dial 911
Massachusetts State Police(413) 743-4700
National Suicide Prevention Lifeline (800) 273-8255 or 988
Poison Control Center.....(800) 222-1222

Quick Reference Numbers

For food [See page 4-7 for food pantries and meal sites]:
In Adams, Pope John Paul Charity Center, (413) 743-0577
In North Adams, The Friendship Center Food Pantry, (413) 664-0123
In North Adams, St. Vincent DePaul Society, (413) 664-4835
In Williamstown, Sts. Patrick and Raphael Parish, (413) 458-4956

Mass 211 - 24/7 Emergency, Community Information, Referral Services:
Dial 211 or visit www.mass211.org

To report elder abuse [24 hr. hotline]: (800) 922-2275

To report child abuse [24 hr. hotline]: (800) 792-5200

*For help with homelessness: Louison House, (413) 663-6323, ext. 4 [line
staffed 24 hrs.]*

For domestic & relationship violence support:
Elizabeth Freeman Center [24-hr. hotline]: (866) 401-2425

For mental health care & substance abuse crisis support:
Brien Center [24-hr. hotline]: (413) 499-0412

For general information to help get started:
Northern Berkshire Community Coalition: (413) 663-7588

The Northern Berkshire Community
Coalition is a member agency of:



Northern Berkshire United Way

