

# SAY It Proud – *Youth Awards*

## Nomination Form

**SAY It Proud is a campaign to recognize individual youth who are involved in positive activities and healthy decision-making.**

The Northern Berkshire Youth Collaborative (a monthly gathering of youth workers hosted by the Northern Berkshire Community Coalition) believes that our community values the good choices our young people make and all the positive work they contribute to the community. In the past two years, a survey of 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> graders in Northern Berkshire County revealed that teens do not feel their neighbors recognize the good things they do, nor do neighbors encourage teens to do their best. Studies show that rewarding young people for positive activities help them to feel more connected to their community, thus reinforcing their commitment to healthy behaviors and lowering their risk for engaging in unhealthy behaviors. We believe it is important to respond to this gap identified by our youth. The “SAY It Proud” awards, which are presented quarterly at community events, are one way for adults community members to do this. SAY stands for Support and Acknowledge Youth.

We are seeking nominations of young people 11-19 that participate in positive activities, make healthy choices, and/or work hard. Submissions may range from 50-500 words. Please include your contact information as well as the contact information of the youth and their guardian, as we will need to contact you for more information.

Name of youth to be recognized: \_\_\_\_\_

Address: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Parents/Guardian names (if known): \_\_\_\_\_

Category in which this young person has done well (circle one):

*Family School Friends Community Neighborhood Other:* \_\_\_\_\_

Reason why you are nominating this youth:

Name of person nominating:

Contact information of nominator:

**Please send form: SAY It Proud Awards, c/o nbCC  
61 Main St, Suite 218, North Adams, MA 01247 (413) 663-7588**

**\*\*Include additional pages or information as needed**



Northern Berkshire Community Coalition