It can be hard to know where to start when looking for help for your neighbor or yourself. There is often help available for most situations, finding the right community resource to fit that situation can be much easier with this guide. This guide outlines local resources. These agencies and programs have a common goal of helping people in our community.
The Northern Berkshire Community Coalition has been organizing and supporting the Northern Berkshire community since 1986. Our mission is to empower the Northern Berkshire region to enhance the quality of life through our efforts at connecting, convening, and supporting all facets of the community.

Our vision is to be the catalyst for a healthy, empowered, engaged Northern Berkshire community with an emphasis on:

**Convening & Connecting Community:** We engage residents and stakeholders in community conversations to resolve local concerns. In addition, we connect residents to local service agencies and provide opportunities for social engagement.

**Health and Wellness:** We help our community make healthy eating and active living the easy choice, as well as create opportunities for access to health and wellness services.

**Leadership Development:** We train adults and youth to be leaders within their community and build capacity to make positive change in our region.

**Substance Use Prevention and Recovery:** We develop strategies to delay youth alcohol/substance use and support community efforts for addiction recovery.

**Family Support and Education:** We provide families within our community with the resources, activities, and group support needed to maintain a strong and resilient family. In addition, we provide workshops and classes for all parents to develop stronger skills to become the best parent they can be for their children.

**Youth Development:** We actively build a positive youth development culture by encouraging youth to grow and realize their full potential. In addition, we also support those who work with youth through networking and training efforts.

Northern Berkshire Community Coalition
Community Empowerment • Prevention & Wellness

61 Main Street, Suite 218, North Adams, MA 01247
413.663.7588 • www.nbcccoalition.org
Meal Sites in North Berkshire .................................................................4,5
Food Access Sites in North Berkshire .......................................................6,7
Weekly Recovery Support Meetings .......................................................8,9
Disability Services ..................................................................................10
Elders/Older Adults ..................................................................................11
Employment & Training .........................................................................13
Family Services .........................................................................................13
Financial Support Services .....................................................................15
Food Access ...............................................................................................16
Gently Used Clothing & Household Items ..............................................17
Vaccine Guidelines ...................................................................................18
Health Care Services ................................................................................19
Health Care Services (Home Based) .........................................................20
Heating & Energy Programs ....................................................................21
Housing & Homelessness Services ........................................................21
Immigrant & Cultural Support Services ...............................................22
Information Services ................................................................................23
LBGTQIA+ Services & Support ...............................................................24
Legal & Consumer Services ..................................................................25
Mental Health/Counseling .....................................................................25
Parks and Recreational Areas ................................................................26
Pets ...........................................................................................................30
Police .......................................................................................................30
Pregnancy/Family Planning/Sexual Health .............................................31
Protective & Hotline Services ................................................................31
Schools & Education ..............................................................................32
Substance Use Supports & Recovery ......................................................34
Substance Use Support — Tobacco .........................................................38
Transportation ..........................................................................................38
Veterans Services .....................................................................................40
Volunteers ................................................................................................40
Youth Services ..........................................................................................41
Youth Activities/Clubs/Sports .................................................................42
Additional Area Resources ....................................................................42
Notes .........................................................................................................43
Emergency and Quick Reference Numbers .........................................Outside Back Cover

Table of Contents
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Berkshire Food Project</strong></td>
<td><strong>Berkshire Food Project</strong></td>
<td><strong>Berkshire Food Project</strong></td>
</tr>
<tr>
<td>11:30am - 1:00pm</td>
<td></td>
<td>11:30am - 1:00pm</td>
</tr>
<tr>
<td>1st Congregational Church</td>
<td></td>
<td>1st Congregational Church</td>
</tr>
<tr>
<td>134 Main Street, North Adams</td>
<td></td>
<td>134 Main Street, North Adams</td>
</tr>
<tr>
<td><strong>Adams Council on Aging</strong></td>
<td><strong>Adams Council on Aging</strong></td>
<td><strong>Adams Council on Aging</strong></td>
</tr>
<tr>
<td>Congregate Meals</td>
<td>11:30am</td>
<td>11:30am</td>
</tr>
<tr>
<td>3 Hoosac Street, Adams</td>
<td>3 Hoosac Street, Adams</td>
<td>3 Hoosac Street, Adams</td>
</tr>
<tr>
<td><strong>Cheshire Council on Aging</strong></td>
<td><strong>Cheshire Council on Aging</strong></td>
<td><strong>Cheshire Council on Aging</strong></td>
</tr>
<tr>
<td>Congregate Meal</td>
<td>10:15am - 12:00pm</td>
<td>10:15am - 12:00pm</td>
</tr>
<tr>
<td>119 School Street, Cheshire</td>
<td>119 School Street, Cheshire</td>
<td>119 School Street, Cheshire</td>
</tr>
<tr>
<td>119 School Street, Cheshire</td>
<td>413-743-9719</td>
<td>413-743-9719</td>
</tr>
<tr>
<td>Congregate Meals</td>
<td>11:30am</td>
<td>11:30am</td>
</tr>
<tr>
<td>116 Ashland Street, North Adams</td>
<td>116 Ashland Street, North Adams</td>
<td>116 Ashland Street, North Adams</td>
</tr>
<tr>
<td><strong>Williamstown Council on Aging</strong></td>
<td><strong>Williamstown Council on Aging</strong></td>
<td><strong>Williamstown Council on Aging</strong></td>
</tr>
<tr>
<td>Grab N Go Meals</td>
<td>11:30am</td>
<td>11:30am</td>
</tr>
<tr>
<td>118 Church Street, Williamstown</td>
<td>118 Church Street, Williamstown</td>
<td>118 Church Street, Williamstown</td>
</tr>
<tr>
<td><strong>Meals on Wheels</strong></td>
<td><strong>Meals on Wheels</strong></td>
<td><strong>Meals on Wheels</strong></td>
</tr>
<tr>
<td>Lunch Delivery for Seniors</td>
<td>Lunch Delivery for Seniors</td>
<td>Lunch Delivery for Seniors</td>
</tr>
<tr>
<td>Call Elder Services for Details &amp; Eligibility</td>
<td>Call Elder Services for Details &amp; Eligibility</td>
<td>Call Elder Services for Details &amp; Eligibility</td>
</tr>
<tr>
<td>413-499-0524</td>
<td>413-499-0524</td>
<td>413-499-0524</td>
</tr>
</tbody>
</table>

**OTHER:** Contact your School District regarding the school meal programs provided to students & families. See pages 32-34 for a list of northern Berkshire public schools & contact information.

**SIGN-UP to RECEIVE OUR WEEKLY E-ZINE & MONTHLY NEWSLETTER**

Stay informed on what’s going on in our area. Our weekly e-zine highlights local community events, workshops, resource updates and more. Our monthly newsletter will keep you updated on what’s been going on at the Coalition and what’s coming up in the month ahead.

### Meal Sites in North Berkshire

<table>
<thead>
<tr>
<th>Day</th>
<th>Location</th>
<th>Time</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>Berkshire Food Project</td>
<td>11:30am - 1:00pm</td>
<td><a href="mailto:director@berkshirefoodproject.org">director@berkshirefoodproject.org</a></td>
</tr>
<tr>
<td></td>
<td>1st Congregational Church, 134 Main Street, North Adams</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Friday</td>
<td>Adams Council on Aging</td>
<td>11:30am</td>
<td>Adams COA - (413) 743-8333</td>
</tr>
<tr>
<td></td>
<td>Congregate Meals</td>
<td></td>
<td>Al Nelson Friendship Center Food - (413) 664-0123</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Berkshire Dream Center Mobile Food Pantry - (413) 522-3495</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Berkshire Food Project - (413) 743-9719</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Cheshire Council on Aging Mobile Food Pantry - (413) 458-5556</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Community Bible Church Food Pantry - (413) 458-5556</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Community Free Lunch - (413) 663-3780</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Meals on Wheels - (413) 499-0524</td>
</tr>
<tr>
<td>Saturday</td>
<td>Community Free Lunch:</td>
<td>11:00am - 12:00pm</td>
<td>Meals on Wheels - (413) 499-0524</td>
</tr>
<tr>
<td></td>
<td>Every Saturday</td>
<td></td>
<td>Contact your School District regarding the school meal programs provided to students &amp; families.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>See pages 32-34 for a list of northern Berkshire public schools &amp; contact information.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>SIGN-UP to RECEIVE OUR WEEKLY E-ZINE &amp; MONTHLY NEWSLETTER</td>
</tr>
</tbody>
</table>

**CONTACT INFORMATION:**
- Adams COA - (413) 743-8333
- Al Nelson Friendship Center Food - (413) 664-0123
- Berkshire Dream Center Mobile Food Pantry - (413) 522-3495
- Berkshire Food Project - director@berkshirefoodproject.org
- Cheshire Food Pantry - (413) 743-9719
- Community Bible Church Food Pantry - (413) 458-5556
- Community Free Lunch - (413) 663-3780
- Food Bank of Western MA “Brown Bag” - (413) 247-9738
- Meals on Wheels - (413) 499-0524
- North Adams COA Meals - Call Norman at 664-9826
- North Adams Farmers Market - (413) 664-6180
- Salvation Army - (413) 663-7987
- St. John Paul Charity Center - (413) 743-0577
- Take and Eat - (413) 664-1041
- Veterans Office Food Pantry - (413) 662-3040
- Williamstown Farmers Market - williamstownfarmersmarket.org
- Williamstown Food Pantry - (413) 458-4946 ext. 11
- Williamstown COA - 413- 458-8250
### Food Access Sites

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Veterans Office Food Pantry: North Adams City Hall, Office 101 8:00am - 1:00pm &amp; 2 - 4:30pm Veterans only. Call 413-662-3040</td>
<td>Food Bank of Western Mass Mobile Food Bank: 10:00am - 11:00am 2nd &amp; 4th Tuesdays Adams COA/Visitors Center 3 Hoosac St., Adams</td>
<td>At Nelson Friendship Center Food Pantry: 10:00am - 2:00pm 413-664-0123 45 Eagle St., North Adams For those who can not physically come or are ill, please call on Wednesday to set up a delivery on Thursday between 10am - 12pm.</td>
</tr>
<tr>
<td>Salvation Army: 12:30pm - 3:00pm 413-663-7987 393 River Street, North Adams</td>
<td>Community Bible Church Food Pantry: 1:00pm - 3:00pm 3rd Wednesdays of the Month 413-458-5556 160 Bridges Road, Williamstown</td>
<td>Berkshire Dream Center Mobile Food Pantry 4th Wednesdays N. Adams: Mohawk Forest at 5:00pm; Brayton Hill at 5:45pm; Greylock Apartment Complex at 6:30pm</td>
</tr>
<tr>
<td>St. John Paul Charity Center: 11:00am - 1:00pm Serves Adams, Cheshire, Savoy 413-743-0577 2 Columbia Street, Adams Clothing for all ages also available.</td>
<td>Community Bible Church: 3rd Wednesdays 12:00 - 2:00pm 160 Bridges Rd., Williamstown 413-458-5556 (Must be MA resident)</td>
<td>Williamstown Food Pantry @ St. Patrick &amp; St. Raphael Parish: 9:30am - 12:00pm 413-458-4946 ext.11 53 Southworth Street, Williamstown Serves Williamstown, Hancock, New Ashford, Pownal Form of ID Required Emergency Assistance provided by Phone Only</td>
</tr>
<tr>
<td>Veterans Office Food Pantry North Adams City Hall, Office 101 8:00am - 1:00pm &amp; 2 - 4:30pm Veterans only. Call 413-662-3040</td>
<td></td>
<td>Veterans Office Food Pantry North Adams City Hall, Office 101 8:00am - 1:00pm &amp; 2 - 4:30pm Veterans only. Call 413-662-3040</td>
</tr>
</tbody>
</table>

### Veterans Office Food Pantry
North Adams City Hall, Office 101 8:00am - 1:00pm & 2 - 4:30pm Veterans only. Call 413-662-3040

### Food Bank of Western Mass Mobile Food Bank
Adams COA/Visitors Center 3 Hoosac St., Adams

### At Nelson Friendship Center Food Pantry
45 Eagle St., North Adams

### Salvation Army
North Adams City Hall, Office 101 8:00am - 1:00pm & 2 - 4:30pm Veterans only. Call 413-662-3040

### Food Bank of Western Mass Mobile Food Bank
Adams COA/Visitors Center 3 Hoosac St., Adams

### Community Bible Church Food Pantry
160 Bridges Road, Williamstown

### Berkshire Dream Center Mobile Food Pantry
4th Wednesdays N. Adams: Mohawk Forest at 5:00pm; Brayton Hill at 5:45pm; Greylock Apartment Complex at 6:30pm

### St. John Paul Charity Center
2 Columbia Street, Adams

### Community Bible Church
160 Bridges Rd., Williamstown 413-458-5556 (Must be MA resident)

### Williamstown Food Pantry @ St. Patrick & St. Raphael Parish
53 Southworth Street, Williamstown Serves Williamstown, Hancock, New Ashford, Pownal Form of ID Required Emergency Assistance provided by Phone Only
### Food Access Sites in North Berkshire

<table>
<thead>
<tr>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Veterans Office Food Pantry</strong></td>
<td><strong>Cheshire Food Pantry</strong></td>
<td><strong>Take and Eat</strong></td>
</tr>
<tr>
<td>Veterans Office Food Pantry</td>
<td>Cheshire Food Pantry: 11:00am - 12:00pm</td>
<td>Deliveried Meals, Every Sunday</td>
</tr>
<tr>
<td>North Adams City Hall, Office 101. Veterans</td>
<td>1st Saturday of Month</td>
<td>Homebound residents 60+, unable to prepare</td>
</tr>
<tr>
<td>only.</td>
<td>413-743-9719</td>
<td>food</td>
</tr>
<tr>
<td>Call 413-662-3040</td>
<td>119 School Street, Cheshire</td>
<td>Information &amp; Sign Up Call:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Kathleen Ryan 413-672-1404</td>
</tr>
<tr>
<td><strong>Veterans Office Food Pantry</strong></td>
<td><strong>Veterans Office Food Pantry</strong></td>
<td></td>
</tr>
<tr>
<td>North Adams City Hall, Office 101. Veterans</td>
<td>North Adams Farmer's Market: 9:00am - 1:00pm</td>
<td></td>
</tr>
<tr>
<td>only.</td>
<td>OUTSIDE: Every Saturday, June - Oct.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The municipal parking lot at the corner of</td>
<td></td>
</tr>
<tr>
<td></td>
<td>St.Anthony Drive &amp; Marshall Street</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Accepts: SNAP/EBT, HIP, Cash, Checks, WIC, &amp;</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Senior Farmers Market Coupons. DOUBLE SNAP up to $30.</td>
<td></td>
</tr>
<tr>
<td><strong>Food Bank of Western Mass “Brown Bag”:</strong></td>
<td><strong>Williamstown Farmers Market:</strong></td>
<td></td>
</tr>
<tr>
<td>4th Friday of Month</td>
<td>Williamstown Farmers Market: 9:00am - 1:00pm</td>
<td></td>
</tr>
<tr>
<td>Distributed from various north Berkshire</td>
<td>OUTSIDE: Every Saturday, May - October</td>
<td></td>
</tr>
<tr>
<td>Council on Aging sites. For people over 55,</td>
<td>Parking Lot @ end of Spring Street, Williamstown</td>
<td></td>
</tr>
<tr>
<td>with income eligibility</td>
<td>Accepts and doubles WIC/Senior Farmers Market</td>
<td></td>
</tr>
<tr>
<td>Call to apply</td>
<td>Coupons.</td>
<td></td>
</tr>
<tr>
<td>413-247-9738</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1-800-247-9632</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:00am - 12:00pm - Adams</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:30 - 1:30pm - North Adams</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>WRAPS (Williams College Recovery</strong></td>
<td><strong>Veterans Office Food Pantry</strong></td>
<td></td>
</tr>
<tr>
<td><strong>of All Perishable Surplus):</strong></td>
<td>North Adams City Hall, Office 101</td>
<td></td>
</tr>
<tr>
<td>Pre-packaged &amp; frozen meals Roots Teen</td>
<td>8:00am - 1:00pm &amp; 2 - 4:30pm Veterans only.</td>
<td></td>
</tr>
<tr>
<td>Center, North Berkshire YMCA and Mohawk</td>
<td>Call 413-662-3040</td>
<td></td>
</tr>
<tr>
<td>Forest. Pick up available during locations'</td>
<td></td>
<td></td>
</tr>
<tr>
<td>open hours</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Patrick &amp; St. Raphael Parish:</strong></td>
<td><strong>Williamstown Farmers Market:</strong></td>
<td></td>
</tr>
<tr>
<td>9:30am - 12:00pm</td>
<td>Williamstown Farmers Market: 9:00am - 1:00pm</td>
<td></td>
</tr>
<tr>
<td>413-458-4946 ext.11</td>
<td>OUTSIDE: Every Saturday, May - October</td>
<td></td>
</tr>
<tr>
<td>53 Southworth Street, Williamstown</td>
<td>Parking Lot @ end of Spring Street, Williamstown</td>
<td></td>
</tr>
<tr>
<td>Serves Williamstown, Hancock, New Ashford,</td>
<td>Accepts and doubles WIC/Senior Farmers Market</td>
<td></td>
</tr>
<tr>
<td>Pownal</td>
<td>Coupons.</td>
<td></td>
</tr>
<tr>
<td>Form of ID Required</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emergency Assistance provided by Phone Only</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Berkshire Dream Center Mobile Food Pantry</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4th Wednesdays</td>
<td></td>
<td></td>
</tr>
<tr>
<td>N. Adams: Mohawk Forest at 5:00pm; Brayton</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hill at 5:45pm; Greylock Apartment Complex at</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:30pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Community Bible Church Food Pantry:</strong></td>
<td><strong>St. John Paul Charity Center:</strong></td>
<td></td>
</tr>
<tr>
<td>3rd Wednesdays</td>
<td>11:00am - 1:00pm</td>
<td></td>
</tr>
<tr>
<td>160 Bridges Rd., Williamstown</td>
<td>Serves Adams, Cheshire</td>
<td></td>
</tr>
<tr>
<td>413-458-5556 (Must be MA resident)</td>
<td>413-743-0577</td>
<td></td>
</tr>
<tr>
<td><strong>WRAPS (Williams College Recovery</strong></td>
<td><strong>Take and Eat:</strong></td>
<td></td>
</tr>
<tr>
<td><strong>of All Perishable Surplus):</strong></td>
<td>Deliveried Meals, Every Sunday Homebound residents</td>
<td></td>
</tr>
<tr>
<td>Pre-packaged &amp; frozen meals Roots Teen</td>
<td>Homebound residents 60+, unable to prepare food</td>
<td></td>
</tr>
<tr>
<td>Center, North Berkshire YMCA and Mohawk</td>
<td>Information &amp; Sign Up Call:</td>
<td></td>
</tr>
<tr>
<td>Forest. Pick up available during locations'</td>
<td>Kathleen Ryan 413-672-1404</td>
<td></td>
</tr>
<tr>
<td>open hours</td>
<td>413-664-1041.</td>
<td></td>
</tr>
</tbody>
</table>

### North Adams Farmer’s Market
- **Open:** 9:00am - 1:00pm
- **Outside:** Every Saturday, June - Oct.
- **Accepts:** SNAP/EBT, HIP, Cash, Checks, WIC, & Senior Farmers Market Coupons. DOUBLE SNAP up to $30.
- **INSIDE:** 1st Saturdays, Nov. - May
- **Open:** 9:00am - 1:00pm
- **Address:** 85 Main St, North Adams

### Williamstown Farmers Market
- **Open:** 9:00am - 1:00pm
- **Every Saturday, May - October**
- **Parking Lot:** @ end of Spring Street, Williamstown
- **Accepts and doubles WIC/Senior Farmers Market Coupons.**
- [www.williamstownfarmersmarket.org](http://www.williamstownfarmersmarket.org)
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>7AM-8AM</strong> AA, Sunrise Group</td>
<td><strong>7AM-8AM</strong> AA, Sunrise Group</td>
<td><strong>7AM-8AM</strong> AA, Sunrise Group</td>
<td><strong>7AM-8AM</strong> AA, Sunrise Group</td>
</tr>
<tr>
<td>Bennington - 1st Baptist</td>
<td>Bennington - 1st Baptist</td>
<td>Bennington - 1st Baptist</td>
<td>Bennington - 1st Baptist</td>
</tr>
<tr>
<td><strong>7AM-8AM</strong> AA, Sober at Sunrise</td>
<td><strong>7AM-8AM</strong> AA, Sober at Sunrise</td>
<td><strong>7AM-8AM</strong> AA, Sober at Sunrise</td>
<td><strong>7AM-8AM</strong> AA, Sober at Sunrise</td>
</tr>
<tr>
<td>Pittsfield - George Crane Ctr.</td>
<td>Pittsfield - George Crane Ctr.</td>
<td>Pittsfield - George Crane Ctr.</td>
<td>Pittsfield - George Crane Ctr.</td>
</tr>
<tr>
<td><strong>10AM-11AM</strong> AA, Mothertown Group</td>
<td><strong>10AM-11AM</strong> AA, Mothertown Group</td>
<td><strong>10AM-11AM</strong> AA, Mothertown Group</td>
<td><strong>10AM-11AM</strong> AA, Mothertown Group</td>
</tr>
<tr>
<td>Adams - 1st Congregational</td>
<td>Adams - 1st Congregational</td>
<td>Adams - 1st Congregational</td>
<td>Adams - 1st Congregational</td>
</tr>
<tr>
<td><strong>12PM-1PM</strong> AA, High Noon Group</td>
<td><strong>12PM-1PM</strong> AA, High Noon Group</td>
<td><strong>12PM-1PM</strong> AA, High Noon Group</td>
<td><strong>12PM-1PM</strong> AA, High Noon Group</td>
</tr>
<tr>
<td>Bennington - 1st Baptist</td>
<td>Bennington - 1st Baptist</td>
<td>Bennington - 1st Baptist</td>
<td>Bennington - 1st Baptist</td>
</tr>
<tr>
<td><strong>12PM-1PM</strong> AA, Short &amp; Sweet</td>
<td><strong>12PM-1PM</strong> AA, Short &amp; Sweet</td>
<td><strong>12PM-1PM</strong> AA, Short &amp; Sweet</td>
<td><strong>12PM-1PM</strong> AA, Short &amp; Sweet</td>
</tr>
<tr>
<td><strong>5:30PM-6:30PM</strong> AA, Happy Hour Group</td>
<td><strong>12PM-1PM</strong> NA, Deeds Not Words</td>
<td>**12PM-1PM NA, Deeds Not Words</td>
<td><strong>12PM-1PM</strong> NA, Deeds Not Words</td>
</tr>
<tr>
<td>Bennington - Turning Point Club</td>
<td>Pittsfield - George Crane Ctr.</td>
<td>Pittsfield - George Crane Ctr.</td>
<td>Pittsfield - George Crane Ctr.</td>
</tr>
<tr>
<td><strong>7PM-8PM</strong> NA</td>
<td><strong>12PM-1PM</strong> NA, Deeds Not Words</td>
<td>**12PM-1PM NA, Deeds Not Words</td>
<td><strong>12PM-1PM</strong> NA, Deeds Not Words</td>
</tr>
<tr>
<td>Pittsfield - 1st United Methodist</td>
<td>Pittsfield - George Crane Ctr.</td>
<td>Pittsfield - George Crane Ctr.</td>
<td>Pittsfield - George Crane Ctr.</td>
</tr>
<tr>
<td><strong>7PM-8PM</strong> NA</td>
<td><strong>7PM-8PM</strong> NA, Keep an Open Mind</td>
<td><strong>7PM-8PM</strong> NA, Keep an Open Mind</td>
<td><strong>7PM-8PM</strong> NA, Keep an Open Mind</td>
</tr>
<tr>
<td><strong>7PM-8PM</strong> AA, Keep an Open Mind</td>
<td><strong>7PM-8PM</strong> AA, Hillside Group</td>
<td><strong>7PM-8PM</strong> AA, Hillside Group</td>
<td><strong>7PM-8PM</strong> AA, Hillside Group</td>
</tr>
<tr>
<td>North Adams - Main St.</td>
<td>Bennington - 2nd Congregational</td>
<td>Bennington - 2nd Congregational</td>
<td>Bennington - 2nd Congregational</td>
</tr>
<tr>
<td><strong>7:30PM-8:30PM</strong> AA, Northern Berk. Group</td>
<td><strong>7:30PM-8:30PM</strong> AA, In Focus Step</td>
<td><strong>7:30PM-8:30PM</strong> AA, In Focus Step</td>
<td><strong>7:30PM-8:30PM</strong> AA, In Focus Step</td>
</tr>
<tr>
<td>Williamstown - St. John’s</td>
<td>Pittsfield - 1st Congregational</td>
<td>Pittsfield - 1st Congregational</td>
<td>Pittsfield - 1st Congregational</td>
</tr>
<tr>
<td><strong>7:30PM-8:30PM</strong> AA, In Focus Step</td>
<td><strong>7PM-8PM</strong> AA, Blacksheep Fireside</td>
<td><strong>7PM-8PM</strong> AA, Blacksheep Fireside</td>
<td><strong>7PM-8PM</strong> AA, Blacksheep Fireside</td>
</tr>
<tr>
<td><strong>7:30PM-8:30PM</strong> AA, In Focus Step</td>
<td><strong>7:15PM-8:15PM</strong> AA, Wilmington Group</td>
<td><strong>7:15PM-8:15PM</strong> AA, Wilmington Group</td>
<td><strong>7:15PM-8:15PM</strong> AA, Wilmington Group</td>
</tr>
<tr>
<td>Pittsfield - George Crane Ctr.</td>
<td>Wilmington - St. Mary’s Church</td>
<td>Wilmington - St. Mary’s Church</td>
<td>Wilmington - St. Mary’s Church</td>
</tr>
<tr>
<td><strong>7:30PM-8:30PM</strong> AA, Step by Step</td>
<td><strong>7:30PM-8:30PM</strong> AA, Step by Step</td>
<td><strong>7:30PM-8:30PM</strong> AA, Step by Step</td>
<td><strong>7:30PM-8:30PM</strong> AA, Step by Step</td>
</tr>
<tr>
<td>Pittsfield - George Crane Ctr.</td>
<td>Pittsfield - 2nd Congregational</td>
<td>Pittsfield - 2nd Congregational</td>
<td>Pittsfield - 2nd Congregational</td>
</tr>
<tr>
<td><strong>7:30PM-8:30PM</strong> AA, Step by Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
</tr>
<tr>
<td>Pittsfield - George Crane Ctr.</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
</tr>
<tr>
<td><strong>7PM-8PM</strong> NA</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
</tr>
<tr>
<td>Adams - Woodstock</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
</tr>
<tr>
<td><strong>7PM-8PM</strong> AA, Step by Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
</tr>
<tr>
<td>Williamstown - Park St.</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
</tr>
<tr>
<td><strong>7:30PM-8:30PM</strong> AA, Step by Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
</tr>
<tr>
<td>Bennington - 2nd Congregational</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
</tr>
<tr>
<td><strong>7:30PM-8:30PM</strong> NA, Step by Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
</tr>
<tr>
<td>Pittsfield - George Crane Ctr.</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
</tr>
<tr>
<td><strong>7PM-8PM</strong> NA</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
</tr>
<tr>
<td>Adams - Woodstock</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
</tr>
<tr>
<td><strong>7PM-8PM</strong> AA, Step by Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
<td><strong>7PM-8PM</strong> NA, Al-Anon Step</td>
</tr>
<tr>
<td>Williamstown - Park St.</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
<td>Northampton - Virtual/St. John’s</td>
</tr>
</tbody>
</table>

**Weekly Recovery**
### Support Meetings

<table>
<thead>
<tr>
<th>Day</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>7AM-8AM AA, Sunrise Group Bennington - 1st Baptist</td>
<td>7AM-8AM AA, Sunrise Group Bennington - 1st Baptist</td>
<td>7AM-8AM AA, Sober at Sunrise Pittsfield - George Crane Center</td>
</tr>
<tr>
<td></td>
<td>7AM-8AM AA, Sober at Sunrise Pittsfield - George Crane Center</td>
<td>7AM-8AM AA, Sober at Sunrise Pittsfield - George Crane Center</td>
<td>9AM-10PM AA, 11th Step Group North Adams - All Saints Church</td>
</tr>
<tr>
<td></td>
<td>7AM-8AM AA, Sober at Sunrise Pittsfield - George Crane Center</td>
<td>7AM-8AM AA, Sober at Sunrise Pittsfield - George Crane Center</td>
<td>9AM-10AM AA, Living Sober Group Bennington - Veterans Home</td>
</tr>
<tr>
<td></td>
<td>10AM-11AM AA, Mothertown Grp. Adams - 1st Congregational</td>
<td>9AM-10AM AA, Mothertown Group Adams - 1st Congregational</td>
<td></td>
</tr>
<tr>
<td></td>
<td>12PM-1PM Al-Anon Meeting Northampton - St. John's</td>
<td>9:30AM-11AM Al-Anon Step Northampton - 1st Churches</td>
<td></td>
</tr>
<tr>
<td></td>
<td>12PM-1PM AA, Sunnyside Group Williamstown - St. Johns Church</td>
<td>12PM-1PM AA, High Noon Group Bennington - 1st Baptist</td>
<td></td>
</tr>
<tr>
<td></td>
<td>12PM-1PM NA, Deeds Not Words Pittsfield - George Crane Center</td>
<td>7PM-8PM AA, As Bill Sees It Charlemont - Federated Church</td>
<td></td>
</tr>
<tr>
<td></td>
<td>12PM-1PM AA, Nameless Nooner North Adams - All Saints Church</td>
<td>7PM-8PM AA, Blacksheep Fireside Williamstown - Comm. Bible Chr.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>12PM-1PM AA High Noon Group Bennington (1st Baptist)</td>
<td>7PM-8PM AA, Saturday Nite North Adams - River St.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>5PM-6PM NA Adams - Woodstock South</td>
<td>7PM-8PM NA Pittsfield - 1st Church</td>
<td></td>
</tr>
<tr>
<td></td>
<td>5:30PM-6:30PM AA, Happy Hour Group Bennington - Turning Point Club</td>
<td>7PM-8PM AA, Central Berk. Group Pittsfield - George Crane Center</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6:30PM-7:30PM NA Pittsfield - BMC</td>
<td>7:30PM-8:30PM AA, Hillside Group Bennington - 2nd Congregational</td>
<td></td>
</tr>
<tr>
<td></td>
<td>7PM-8PM NA North Adams - All Saints</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>7PM-8PM NA Pittsfield - Christian Center</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>9:30PM-10:30PM NA Pittsfield - Zion Lutheran Church</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Note:** Times mentioned are in 12-hour format.
Disability Services

Ad-lib Inc. Center for Independent Living - www.adlibcil.org
215 North Street, Pittsfield .................................................................(413) 442-7047
Services for people with disabilities: peer counseling, skills training, information and referral, advocacy, transition services and other specialized programs. Services by appt. only.

Berkshire Family & Individual Resources (BFAIR) - www.bfair.org
771 S. Church St., N. Adams ..........................................................(413) 664-9382
Services for people with developmental disabilities, autism, traumatic brain injury and elders. Clinical, vocational, residential, home care, day habilitation, adult family care and family support services.

Brain Injury Association of MA - www.biama.org
180 Elm St., Suite C, Pittsfield ......................................................(888) 554-5553
Offers information, resources, and support groups for survivors of traumatic brain injury and family members; educational and prevention workshops and activities.

Easterseals Massachusetts - www.massalternativefinance.org
484 Main St., Suite 600, Worcester, MA ........................................(508) 751-6428
Assistive technology and skills training for individuals with disabilities.

436 Dwight St., Room 109, Springfield ........................................(413) 781-1290
Provides rehabilitation and social services for blind individuals to enable independence.

Mass. Commission for the Deaf & Hard of Hearing
436 Dwight Street, Room 109, Springfield ....................................(413) 788-6427 Voice/TTY
Video Phone .....................................................................................(413) 301-0915
Provides accessible communication, education and advocacy.

37 Main St., 3rd floor, N. Adams ...............................................(413) 663-5391 Voice/Tdd
Education, job training and employment services for people with disabilities.

Multiple Sclerosis - www.mssupportfoundation.org
85 Main St., Suite 202, N. Adams ..................................................(413) 664-2011
Toll Free .....................................................................................(844) 280-7292
Provides education, support and resources for those affected by multiple sclerosis.

Pathlight - www.pathlightgroup.org
75 South Church Street, Suite 402, Pittsfield ...............................(413) 443-4780
Enrichment and skill building classes, autism support services, referral information and supported living options for people with development and intellectual disabilities.

UCP (United Cerebral Palsy) - www.ucpwma.org
535 Curran Highway, N. Adams ......................................................(413) 664-9345
Social opportunities, respite, adult foster care, early intervention.
Elders/Older Adults

Visitor Center, 3 Hoosac St., Adams..............................................................(413) 743-8333
Socials, health screening, SHINE counselors, free AARP tax prep and filing, SNAP applications, fitness classes, BCAC fuel assistance sign ups and renewals, referrals/info, meals, transportation and emergency fuel assistance for adults 60+. Serving all in the need of: Salvation Army Unit for Adams/Cheshire/Savoy/Windsor; Providing Emergency Vouchers and Good Neighbor Energy Funds; Neighbor to Neighbor Emergency Grant; DTA Partner: SNAP applications.

Visitor Center, 3 Hoosac St., Adams..............................................................(413) 743-8333
Socials, health screening, SHINE counselors, free AARP tax prep and filing, SNAP applications, fitness classes, BCAC fuel assistance sign ups and renewals, referrals/info, meals, transportation and emergency fuel assistance for adults 60+. Serving all in the need of: Salvation Army Unit for Adams/Cheshire/Savoy/Windsor; Providing Emergency Vouchers and Good Neighbor Energy Funds; Neighbor to Neighbor Emergency Grant; DTA Partner: SNAP applications.

Elders/Older Adults

Visitor Center, 3 Hoosac St., Adams..............................................................(413) 743-8333
Socials, health screening, SHINE counselors, free AARP tax prep and filing, SNAP applications, fitness classes, BCAC fuel assistance sign ups and renewals, referrals/info, meals, transportation and emergency fuel assistance for adults 60+. Serving all in the need of: Salvation Army Unit for Adams/Cheshire/Savoy/Windsor; Providing Emergency Vouchers and Good Neighbor Energy Funds; Neighbor to Neighbor Emergency Grant; DTA Partner: SNAP applications.

Adult Day Health @ The Brien Center - www.briencenter.org
124 American Legion Dr., N. Adams...........................................................(413) 664-4048
Social services, nursing care, exercise, activities and meals for elders and disabled adults in a cheerful, relaxed daytime setting.

Cheshire Council on Aging/Community Center - www.cheshire-ma.net/council-aging
80 Church St., Cheshire............................................................(413) 743-1172
Health testing, socials, transportation.

Clarksburg Council on Aging/Senior Center
712 W. Cross Rd., Clarksburg..............................................................(413) 663-8253
Fitness classes, health testing, socials, transportation.

Elder Abuse Hotline - www.mass.gov/reporting-elder-abuse-neglect
HOTLINE ............................................................................................(800) 922-2275
Assist and support for elders w/physical, verbal, financial exploitation or neglect.

Elder Services of Berkshire County, Inc. - www.esbci.org
877 South St., Pittsfield........................................................................(413) 499-0524
Toll Free ............................................................................................(800) 544-5242
Nutrition/meals on wheels, information and referral, case management, homemaker and personal care assistance and nursing home preadmission screenings.

Florida Council on Aging/ Senior Center
367 Mohawk Trail, Florida...................................................................(413) 662-2811
Education, support, fitness classes, no transportation.

Lanesborough Council on Aging - www.lanesborough-ma.gov/council-aging
83 N. Main Street, Lanesborough...........................................................(413) 448-2682
Fitness classes, health testing, socials, transportation.

Meals on Wheels - Elder Services/Berkshire County - www.esbci.org/mow
877 South St., Pittsfield......................................................................(413) 499-0524, (800) 544-5242
Apply thru Elder Services for home meal delivery for elders and disabled.
Elders/Older Adults (con’t)

North Adams Commons - [www.northadamscommons.org](http://www.northadamscommons.org)
175 Franklin St., N. Adams .................................................. (413) 664-4041
Accredited nursing care (nursing home).

N. Adams Council on Aging/Mary Spitzer Senior Center -
116 Ashland St., N. Adams .................................................. (413) 662-3125
Fitness classes, health testing, socials, transportation.

Osher Lifelong Learning Institute (OLLI) - at Berkshire Community College -
[www.berkshireolli.wildapricot.org](http://www.berkshireolli.wildapricot.org)
1350 West Street, Pittsfield ........................................... (413) 236-2190
Fosters lifelong learning opportunities for mature adults.

Rainbow Seniors of Berkshire County - [www.rainbowseniors.org](http://www.rainbowseniors.org)
Berkshire County .......................................................... (413) 664-6549
Rainbow Seniors is a social and support network for LGBTQ elders and their friends.

Savoy Council on Aging/Senior Center
720 Main St., Savoy ....................................................... (413) 743-4290
Fitness classes, health testing, socials, transportation.

Social Security Administration - [www.ssa.gov](http://www.ssa.gov)
96 Marshall St., N. Adams .................................................. Toll Free (877) 319-5709
Office for Social Security programs/SSI/SSDI, federal government programs.

Take & Eat - [www.takeandeat.org](http://www.takeandeat.org)
Mail: 69 Stryker Rd., Florida .................................................. (413) 664-1041
Free, hot nutritious meals delivered to homebound seniors on Sundays.

Williamstown Commons - [www.williamstowncommons.org](http://www.williamstowncommons.org)
25 Adams Rd., Williamstown ............................................ (413) 458-2111
Accredited nursing care (nursing home).

Williamstown Council on Aging/Harper Senior Center - [www.williamstownma.gov/services/council-on-aging](http://www.williamstownma.gov/services/council-on-aging)
118 Church St., Williamstown ............................................ (413) 458-8250
Social and recreation events, meals, information and referral, exercise and balance classes weekly, blood pressure clinics, footcare, health screening, SHINE insurance counseling, social work, and benefit programs application assistance, home and community visits, Aging Mastery Programming, transportation, seasonal tax preparation, inter-generational programs, Brown Bag, and more.
Employment & Training

Berkshire Area Health Education Center (AHEC) @BCC - www.berkshireahec.org
395 Main Street, Dalton...(413) 842-5160
Berkshire AHEC empowers communities towards better health by connecting health professionals and the community to high quality health education.

Berkshirejobs.com - www.berkshirejobs.com
Berkshirejobs.com...(413) 663-3384
Internet job listing/search.

EforAll - Entrepreneurship for All
437 North Street, Pittsfield 1-(833)-336-7255 x7209
Entrepreneurship for All (EforAll) is accelerating economic and social impact in communities nationwide through inclusive entrepreneurship.

Goodwill Industries of the Berkshires and So. Vermont - www.goodwill-berkshires.com
Store: 166 State St. N. Adams...(413) 749-8999
Training Center: 158 Tyler St., Pittsfield (413) 442-0061
Employment and training for individuals with barriers to employment.

MassHire Berkshire Career Center - www.masshireberkshirecc.com
160 North St., 3rd Floor, Pittsfield...(413) 499-2220, Ext. 110
Employment & training opportunities for adults and youth. Resource room for job search; employment related workshops; job training for eligible customers, Hi-SET for eligible youth.

37 Main St., 3rd Floor, North Adams...(413) 663-5391
Job placement and training for people with disabilities.

Family Services

18 Degrees - www.18degreesma.org
480 West St., Pittsfield...(413) 448-8281
Toll Free...(888) 742-7443
Wide range of family support services and parent education. Programs in N. Berkshire.

Berkshire County Head Start - www.berkhs.org
535 Curran Hwy., N. Adams...(413) 664-7932
1 meadow Lane, Pittsfield (Main Office)...(413) 499-0137
Ages 3-5: Classroom education, home visiting, childcare - sliding fee.

Berkshire County Kid’s Place and Violence Prevention - www.kidsplaceonline.org
63 Wendell Ave., Pittsfield...(413) 499-2800
North Adams...(413) 662-8017
Supportive, safe environment, advocacy, counseling, treatment of child abuse.
Family Services (con’t)

Berkshire Family YMCA - www.bfymca.org
22 Brickyard Ct., N. Adams ...................................................... (413) 663-6529
Preschool and social programs for all ages.

Berkshire North WIC (Women, Infants, Children) - www.berkshirehealthsystems.org/wic
North Adams Campus of BMC, 71 Hospital Ave. ...........................(413) 663-3012
For women, infants and children: healthy food, nutrition and breastfeeding information.

Berkshire Nursing Families - www.berksherenursingfamilies.org
71 Hospital Ave., N. Adams ...................................................... (413) 743-5338
Lactation support program. Phone support available.

Child Care of the Berkshires (CCB) - www.ccberkshire.org
Main Office - 210 State St. (Haskins Center), N. Adams .................. (413) 663-6593
Monument Square Early Childhood Center .............................. (413) 664-4657
Magic Seasons School Age Program, N. Adams ..................... (413) 664-4657
Family Child Care System ...................................................... (413) 664-3256
Magic Seasons School Age Program, Adams ....................... (413) 743-2905
Three north county child care centers (6 wks-12 yrs), offering many parent & family support programs.

Family Center of N. Berkshire @ CCB .................................(413) 664-4821
Parent education/support, play and learn groups, and free children’s clothing. 0-8 yrs.

Healthy Families @ CCB ...................................................... (413) 445-4324
Home visiting parent education and support program for first time parents age 20 and under, from pregnancy to age 3. Additional funding available for parents 21-30.

Lead Prevention Program @ CCB ....................................... (800) 954-0038
Home visits, information. Lead poisoning prevention and staff trainings. (Free)

ParentChild+ Home Program @ CCB ...................................(413) 663-6593 Ext. 27 or 39
Home visiting program for families with children aged 18 months - 4 years. Promotes literacy & school readiness, provides free books and toys.

Early Intervention @ UCP - www.ucpwma.org
535 Curran Highway, N. Adams ............................................ (413) 664-9345
Children (birth - 3) who have developmental delay or are at risk of a delay. Developmental evaluation, screening and developmentally appropriate treatment options provided.

Family Resource Center @ nbCC - www.nbccoalition.org
61 Main St., Suite 218, N. Adams .......................................... (413) 663-7588
Working with families ages 0-18, providing family support and parent education in the community, at school, and the home.
First Steps Together - [www.mass.gov/info-details/about-first-steps-together](http://www.mass.gov/info-details/about-first-steps-together)
See page 35 under Substance Use Supports & Recovery for phone numbers and services.

Grandparents Raising Grandchildren Group @ nbCC - [www.nbccoalition.org](http://www.nbccoalition.org)
61 Main Street, Suite 218, North Adams
Support group for grandparents raising grandchildren. Childcare, meals provided.

Maternal/Child Health @ Berkshire VNA - [berkshirehealthsystems.org/maternalchildhomecare](http://berkshirehealthsystems.org/maternalchildhomecare)
77 Hospital Ave., N. Adams
Newborn home visiting / Berkshire VNA.

Partners for Community (NE Farm Workers Council) - [www.partnersforcommunity.org](http://www.partnersforcommunity.org)
141 North St., Suite 106, Lower Level, Pittsfield
Help in finding quality child care programs throughout Western Massachusetts and information on possible sources to help pay for it.

Teen to 23 Project - [www.berkshirenursingfamilies.org/weekly-groups](http://www.berkshirenursingfamilies.org/weekly-groups)
Haskins School, 210 State St., North Adams
For pregnant young families, we provide childbirth/breastfeeding education. Also provide peer support and parenting/breast-feeding support for young families with infants. Breast-feeding support group meets every Thursday from 11:00am - 1:00pm.

Williamstown Community Preschool - [www.williamstowncommunity.org](http://www.williamstowncommunity.org)
777 Main St., Williamstown
Preschool for children aged 15 months - 5 years, after-school: K-6 at Williamstown Elementary School.

For more information and options for licensed child care in your area, please visit [https://eeclead.force.com/EEC_ChildCareSearch](https://eeclead.force.com/EEC_ChildCareSearch) and search by zip code, specific provider, route to work, or radius of the town where you reside.

Financial Support Services

Berkshire Community Action Council (BCAC) - [www.bcacinc.org](http://www.bcacinc.org)
85 Main St., N. Adams

Dept. of Transitional Assistance - [www.mass.gov/orgs/department-of-transitional-assistance](http://www.mass.gov/orgs/department-of-transitional-assistance)
37 Main St., N. Adams
Cash assistance: Families (TAFDC) & individuals (EAEDC).

Our Lady of Charity Conference (St. Vincent DePaul Society)
St. Vincent DePaul Society, c/o St. Elizabeth of Hungary
One-time, short-term family assistance for needs not serviced by other agencies.
PopCares - www.popcares.org
P. O. Box 482, Williamstown………………………………………………..(413) 281-1094
For Northern Berkshire residents battling cancer: Short-term assistance for groceries, gas, dining, or for lodging while patients are undergoing treatment, for patient or caregiver.

The Salvation Army - massachusetts.salvationarmy.org/MA/NorthAdams
393 River St., N. Adams……………………………………………………………..(413) 663-7987
Assistance with food and fuel assistance through the Good Neighbor Fund.

Social Security Administration - www.ssa.gov
96 Marshall St., N. Adams……………………………………………………………..(877) 319-5709
Social security programs/SSI/SSDI, federal government programs.

Food Access

For a complete listing of food pantries and meal sites, see food charts on page 4-7.

Berkshire North WIC (Women, Infants, and Children) - www.berkshirehealthsystems.org/wic
North Adams Campus of BMC, 71 Hospital Ave………………………………………..(413) 663-3012
Healthy food for pregnant, postpartum and breastfeeding women and children up to 5.

Dept. of Transitional Assistance - www.mass.gov/orgs/department-of-transitional-assistance
160 North Street, Pittsfield ………………………………………………………………..(413) 236-2000
37 Main Street, N. Adams (limited hours)…………………………………………………..(413) 236-2000
Supplemental Nutrition Assistance Program (SNAP), also known as food stamps, Healthy Incentive Program (HIP).

How to Apply for SNAP

BY MAIL OR FAX - Call DTA at 1-877-382-2363. Follow the phone prompts to have an application mailed to you. Mail application to: DTA Document Processing Center, P.O. Box 4406, Taunton, MA 02780-0420 or Fax to (617) 887-8765.

ONLINE - Visit dtaconnect.eohhs.mass.gov and click “APPLY SNAP” to start.

IN PERSON - Visit the DTA office at 37 Main Street, N. Adams or the DTA kiosk located at the Northern Berkshire Community Coalition located at 61 Main Street, Suite 218, North Adams.

BEFORE YOU APPLY, YOU WILL NEED: birth dates for everyone in the household, Social Security numbers for everyone in the household, household incomes and expenses.
Growing Healthy Garden Program
Learn to Grow organic vegetables, fruit, and herbs in various North Berkshire county community and school locations. Free for participants of all ages and abilities. Contact Program Manager at 413-663-8131 for more information.

Hoosac Harvest - www.hoosacharvest.org
A citizen-based organization that envisions a vibrant food system in which all members of the Northern Berkshire community participate and have access to locally grown, healthy and sustainably produced food. Offers subsidies for CSAs.

North Adams Farmers Market - www.northadamsfarmersmarket.com
St Anthony's Municipal Parking Lot at Marshall St. & St. Anthony's Dr.
June-October Saturdays, 9:00am-1:00pm - November to May First Saturday of the month 9:00am-1:00pm. Indoor season location announced on the website and FB page.
Accepts SNAP/EBT, HIP, Cash, Credit/Debit, Checks, WIC and Senior Coupons. The market offers a SNAP DOUBLINGmatching program called Market Match.

Public School Food Distribution Programs
Call school for details. School phone numbers are listed on pages 32-34.

Williamstown Farmers Market - www.williamstownfarmersmarket.org
Parking lot at the end of Spring St., Williamstown
Saturdays, 9:00am-1:00pm. May-October.
Offering DOUBLE on Senior and WIC FMNP Coupons.

The Northern Berkshire Food Access Collaborative is a working group convened and facilitated by the nbCC’s Health and Wellness Coordinator. The group creates space for collaboration among all people connected to the food system. The Collaborative meets regularly. Call nbCC at (413) 663-7588 for more information.

Gently Used Clothing & Household Items

Berkshire Helping Hands - www.berkshirehelpinghands.org
189 Beaver Street, Suite 3, North Adams .............................................(413) 441-3747
Online community group to assist in meeting needs of neighbors.

Child Care of the Berkshires Clothing Exchange - https://www.ccberkshire.org/the-family-center-1
210 State Street, North Adams ..........................................................(413) 664-4821
The FREE Children's Clothing exchange is a room full of lightly used clothing. It includes newborn to size 12 clothing and children's shoes and books.

Goodwill Industries of the Berkshires and So. Vermont - www.goodwill-berkshires.com
Store: 166 State St., North Adams ......................................................(413) 749-8999
Provides support services for families and children in crisis/need of clothing and household items.
VACCINE GUIDELINES*
*Ask your provider if there are other vaccines appropriate for you.

Birth - 2 YEARS
Hepatitis B (HepB): to prevent liver disease: 3 doses by 18 mos
Rotavirus (RV): to protect against virus causing diarrhea/vomiting/fever: 2 or 3 doses by 6 mos
Diphtheria, tetanus, & acellular pertussis (DTaP): immunity to three deadly diseases: 4 doses by 18 mos
Haemophilius influenzae type b (Hib): to prevent meningitis/pneumonia: 3 or 4 doses by 15 mos
Pneumococcal conjugate (PCV13): to prevent blood infections and pneumonia: 4 doses by 15 mos
Inactivated poliovirus (IPV): to prevent paralysis from poliomyelitis: 4 doses by 18 mos
Measles, mumps, rubella (MMR): to prevent 3 serious childhood diseases: 1 dose by 15 mos
Varicella (VAR): to prevent chicken pox: 1 dose by 15 mos
Hepatitis A (HepA): to prevent the (mainly) foodborne form of viral hepatitis: 2 doses by 2 years

2 – 18 YEARS
Diphtheria, tetanus, and acellular pertussis (DTaP): Additional dose by 6 years
Inactivated poliovirus (IPV): Additional dose by 6 years
Mumps, measles, and rubella (MMR): Additional dose by 6 years
Meningococcal (MenACWY): to prevent viral meningitis: 2 doses by 16 years
Human papillomavirus (HPV): to prevent certain throat or genital cancers: 2-3 doses, ideally before age 15
Seasonal flu vaccine annually

ADULTS > 18 YEARS
Tetanus/diphtheria (Td) or tetanus, diphtheria, and pertussis (Tdap): Booster every 10 years for continued
immunity. Tdap during pregnancy or for wound management
Mumps, measles, and Rubella (MMR): 1 to 2 doses if born after 1957
Varicella (VAR): 2 doses for those without immunity
Pneumococcal pneumonia (PCV/PPSV): 1 to 2 doses for individuals with underlying conditions
Seasonal flu vaccine annually

> 50 YEARS
Shingrix (RZV): to prevent serious illness caused by varicella (shingles): 2 doses
Pneumococcal pneumonia (PCV/PPSV): 1 to 2 doses
Seasonal flu vaccine annually

Covid-19 vaccination
5-11 YRS OLD: 2 doses of Pfizer-BioNTech
12-17 YRS OLD: 2 doses of Pfizer-BioNTech & 1 Booster
18 YRS OLD & UP: 2 doses of Pfizer-BioNTech or Moderna (preferred), J&J/Janssen (optional) as recommended
Health Care Services

Adams Internists of BMC - [www.berkshirehealthsystems.org/location/adams-internists-of-bmc](http://www.berkshirehealthsystems.org/location/adams-internists-of-bmc)

2 Park St., Adams ...........................................................................................................(413) 743-1080

A comprehensive medical practice providing primary medical care to adults in the Northern Berkshire region.

Community Health Programs (CHP) - [www.chpberkshires.org](http://www.chpberkshires.org)

Family Medical & Dental Center, 71 Hospital Ave., North Adams ... (413) 664-4088

Provides primary health and dental care. Welcomes all patients and accepts most forms of insurance, including MassHealth. Sliding fee scale for eligible patients.

Ecu-Health Care - [north.berkshirehealthsystems.org/community-health-wellness/ecu-health-care](http://north.berkshirehealthsystems.org/community-health-wellness/ecu-health-care)

99 Hospital Ave., N. Adams ..........................................................(413) 663-8711

Health Care access: Help enrolling in health care & public insurance programs.

North Adams Campus of BMC - [north.berkshirehealthsystems.org](http://north.berkshirehealthsystems.org)

71 Hospital Ave. N. Adams .................................................................................(413) 664-5000

24-Hour Emergency Care .........................................................................................(413) 664-5000

Berkshire Family Practice Associates, North County ..............................................(413) 664-5550

Berkshire OB/GYN of BMC .........................................................................................(413) 664-4343

Berkshire Occupational Health ....................................................................................(413) 447-2684

Labs & Imaging ..............................................................................................................(413) 664-5000

Renal Dialysis Center ...................................................................................................(413) 664-5100

Northern Berkshire Specialty Practices of BMC ....................................................(413) 664-5411

Williamstown Medical of BMC ..................................................................................(413) 664-5710


77 Hospital Ave., Suite 302, N. Adams .................................................................(413) 663-8365

The Nutrition Center - [www.thenutritioncenter.org](http://www.thenutritioncenter.org)

42 Summer St., Suite 306, Pittsfield ...........................................................................(413) 429-8110

Provides nutrition and cooking education services to everyone regardless of insurance or ability to pay. Inspires a healthy relationship with food through counseling, nutrition, and culinary education.

Southwestern Vermont Medical Center - [www.svhealthcare.org](http://www.svhealthcare.org)

100 Hospital Ave, Bennington, VT ...........................................................................(802) 442-6361

SVHC Urgent Care powered by ClearChoiceMD - [https://ccmdcenters.com/locations/north-adams-ma](https://ccmdcenters.com/locations/north-adams-ma)

856 State Road, North Adams ......................................................................................(413) 727-8088

UCP (United Cerebral Palsy) - [www.ucpwma.org](http://www.ucpwma.org)

535 Curran Highway....................................................................................................(413) 442-1562  ext. 28

Durable Medical Equipment Loaner Program - wheelchairs, walkers, scooters, portable (temporary) ramps, canes, tub seats and other mobility devices are often available at no cost due to the generosity of others in the community who donate usable equipment.
Health Care Services (con’t)

VIM (Volunteers in Medicine) - https://vimberkshires.org/

777 Main Street, Suite 4, Great Barrington, MA.................................(413) 528-4014

Provide access to free, comprehensive health care and translation services for those in the Berkshire region who are income-qualified and uninsured or under-insured.

Western MA Medical Reserve Corp. - wmmrc.org

Toll Free .................................................................(800) 237-3239, (800-BE-READY)

Health education for emergency preparedness, training to respond to community emergencies.

Health Care Services (Home Based)

Associated Personal Care - www.amedisys.com

55 North St., Pittsfield.................................................................(413) 344-2001

Services include home health care, hospice support care, and personal care.

At Home TLC - www.athometlc.com

60 Roberts Drive, Suite 310, North Adams.............................................(413) 664-0746

Services include home health care, hospice support care, personal care, companionship, errand services and VA services.

Berkshire VNA - www.berkshirehealthsystems.org/berkshirevna

77 Hospital Ave., N. Adams............................................................(413) 447-2862

Disease management, wound & ostomy care, pain & symptom management, infusion services, medication management & education, patient & caregiver education, joint replacement support, fall risk assessment & prevention.

Home Instead Senior Care - www.homeinstead.com

66 Wendell Ave, Pittsfield ..............................................................(413) 216-5455

Services include home health care, hospice support care, and companionship.

Hospice Care in the Berkshires - www.hcib.org

877 South Street, Pittsfield..............................................................(413) 443-2994

Provides comfort and support to patients with a life-limiting illness, along with their families. Specializes in care that ensures dignity, peace and comfort.

Molari - www.molariinc.com

166 East St, Pittsfield .................................................................(413) 499-4546

Services include personal care, meal preparation, light housekeeping, shopping, chore work and companionship.
Heating & Energy Programs

**Berkshire Community Action Council (BCAC)** - [www.bcacinc.org](http://www.bcacinc.org)

85 Main St., N. Adams ................................................................. (413) 663-3014

LIHEAP/Fuel assistance. Call (413) 663-3014 for appt. Other questions, call (866) 216-6200.

**Citizens Energy - Joe Oil** - [www.citizensenergy.com](http://www.citizensenergy.com)

Toll Free ......................................................................................... (877) 563-4645

*Offers assistance for oil and gas heat.*

**Eversource**

Toll Free ........................................................................................ (800) 286-5844

*For clients not behind on electric payments, New Start program.*

**MASS Energy Consumer Alliance** - [www.massenergy.org](http://www.massenergy.org)

Toll Free ......................................................................................... (800) 287-3950

*Full service local oil dealers w/discount prices for home heating oil.*

**MassSave** - [www.masssave.com](http://www.masssave.com)

Sponsored by National Grid & Berkshire Gas ........................................... (866) 527-7283

*Free home energy assessments, 0% interest loans, incentives & rebates for energy efficiency.*

**National Grid AMP Program**

Toll Free ......................................................................................... (866) 580-7617 or (888) 211-1313

*Arrears Management Program (AMP) helps customers who qualify for fuel assistance to pay off their current balance.*

**The Salvation Army** - [www.magoodneighbor.org](http://www.magoodneighbor.org)

393 River St., N. Adams ..................................................................... (413) 663-7987

*The Good Neighbor Energy Fund.*

---

Housing & Homelessness Services

**Adams Housing Authority** - [www.ahauthority.com](http://www.ahauthority.com)

4 Columbia St., Adams .................................................................... (413) 743-5924

*Subsidized rental assistance based on income. Section 8 housing.*

**Berkshire County Regional Housing Authority (BCRHA)** - [www.bcrha.com](http://www.bcrha.com)

1 Fenn St., 4th Floor, Pittsfield ........................................................... (413) 443-7138

Toll Free ........................................................................................ (800) 248-9002

*Housing services: legal help w/ housing and related issues, mediation/negotiation for landlord/tenant disputes, housing search.*
Berkshire Housing Development Corporation - www.berkshirehousing.com
1 Fenn St., Pittsfield ............................................................(413) 499-1630
Subsidized rental assistance based on income, section 8 housing, other housing support.

Louison House - www.louisonhouse.org
149 Church St. N. Adams and 395 Old Columbia St., Adams ..........(413) 663-6323
Prevention, support, emergency intervention, and housing for the homeless, including shelter services.

North Adams Housing Authority - www.northadams-ma.gov
150 Ashland St., N. Adams........................................................(413) 663-5379
Subsidized rental assistance based on income. Section 8 housing.

Northern Berkshire Habitat for Humanity - www.northberkshirehabitat.org
P.O. Box 391, 61 Main St., N. Adams............................................(413) 664-4440
Affordable home ownership for low and moderate income families.

Williamstown Housing Authority - www.williamstownha.com
35 Adams Rd., Williamstown...................................................(413) 458-8282, (413) 458-5483
Subsidized rental assistance based on income. Section 8 housing.

Some tenants mistakenly think they are covered by the landlord’s insurance policy for the building. The landlord’s insurance only protects the physical structure and any of the landlord’s possessions. If the tenant does not have renter’s insurance and there is damage to the property, the insurance for the building will not cover the tenant’s possessions. Every renter’s insurance policy is different, so it is important for the tenant to understand their specific policy, including the amount of coverage, as well as what acts and events are covered.

Immigrant & Cultural Support Services

Berkshire Immigrant Center - www.berkshireic.com
67 East St., Pittsfield .............................................................(413) 445-4881
Support, information and referral for immigrants.

Multicultural BRIDGE - www.multiculturalbridge.org
17 Main Street, Lee, MA...........................................................(413) 394-4029
Provides workplace development and language classes, education, competency and diversity training, interpreting and translation, immigrant support services, and facilitated community conversations.
VIM (Volunteers in Medicine) - https://vimberkshires.org/
777 Main Street, Suite 4, Great Barrington, MA.................................(413) 528-4014
Provide access to free, translation services related to health care services for those in the Berkshire region who are income-qualified and uninsured or under-insured.

Information Services

1 Berkshire - www.1berkshire.com
66 Allen St., Pittsfield.................................................................(413) 499-1600
General area information, business support.

Citizen Information Service - www.sec.state.ma.us/cis
Toll Free ..............................................................................(800) 392-6090
Massachusetts State Government information and referral.

Massachusetts 211 - www.mass211.org
MA Local United Way............................................Dial 211 or Toll free (877) 211-6277
24/7 contact for referrals: Berkshires and statewide.

Nonprofit Center of the Berkshires - www.npcberkshires.org
40 Railroad Street, Suite 10 Great Barrington, MA 01230...................(413) 441-9542
Facilitating growth for charitable organizations through shared resources, affordable services, and creative collaborations.

North Adams Chamber of Commerce - nachamber.org
P.O. Box 344, North Adams...........................businessdevelopment@nachamber.org
A membership organization that promotes and advances the economic, civic and social vibrancy of the North Adams community.

Northern Berkshire Community Coalition - www.nbccoalition.org
61 Main St., Suite 218, N. Adams .............................................(413) 663-7588
Referrals and information on area services, neighborhood, community & youth programs. See page 2 for more details.

Northern Berkshire United Way - www.nbunitedway.org
40 Main St., Box 955, N. Adams .............................................(413) 663-9062
Area agency support and information.

Office of Tourism - www.northadams-ma.gov
City Hall,10 Main St., Suite 107, N. Adams.................................(413) 664-6180
Area information/tourism, city events.

Public Libraries
Adams Free Library - www.adamslibraryma.org
92 Park St.................................................................(413) 743-8345
Information Services (con’t)

Public Libraries (continued)

Cheshire Public Library - www.cheshire-ma.net/library
23 Depot St. .................................................................(413) 743-4746

Clarksburg Town Library - www.clarksburgma.us/library
711 W. Cross Rd. ...........................................................(413) 664-6050

David & Joyce Milne Public Library - www.milnelibrary.org
1095 Main St., Williamstown ........................................(413) 458-5369

Florida Free Library
56 N. County Road.....................................................(413) 664-0153

North Adams Public Library - www.naplibrary.com
74 Church St. ...............................................................(413) 662-3133

Savoy Hollow Library
720 Main Road ...........................................................(413) 743-3759

Williamstown Chamber of Commerce - www.williamstownchamber.com
84 Spring Street, Williamstown ........................................(413) 458-9077

General area information & resource for businesses, residents & tourists.

Williamstown Community Chest - williamstowncommunitychest.org
84 Spring Street, Williamstown ........................................(413) 458-2443

Area agency support and information.

LBGTQIA+ Services & Support

Elizabeth Freeman Center LGBTQ Services - https://elizabethfreemancenter.org/learn-more/rainbow/
61 Main Street, Suite 202, North Adams ........................................(413) 663-7459

Specialized LGBTQ counselors and services. Free and confidential counseling, advocacy, and support. (North County LGBTQ counselor: Molly at 413-663-7459)

Elizabeth Freeman Center LGBTQ Community Advisory Board - an every-other-month meeting of community members working to make the Berkshires a safe and just place to live for LGBTQ survivors. Email B at bb@elizabethfreemancenter.org to join us!


Email ...............................................................transberkshires@gmail.com

Peer discussion/empowerment group for adults who are trans, genderqueer, or gender-questioning. Email Ray Garnett at transberkshires@gmail.com or check transberkshires on Facebook for exact dates. Ray Garnett at Berkshire Trans Group also keep an informal list of LGBTQ-friendly and/or competent providers in and around Berkshire County, as recommended by trans community members at Berkshire Trans Group. Email Ray at transberkshires@gmail.com for a copy.
Rainbow Seniors - https://rainbowseniors.org
Berkshire County.................................................................(413) 664-6549
Social and support group for LGBTQ seniors age 50 & up. Meetings in North, Central, and South County.

QSA/GSA/QSUs individual schools (middle or high) may also have a Gay Straight or Queer Straight Alliance, or Queer Students Unions. If you are unsure if a school has one, the guidance counselor should be aware and know who to direct you to. For contact information for schools please refer to the Schools & Education section on pages 32-34.

Berkshire Stonewall Community Coalition - https://berkshirestonewall.org
Supports the well-being of LGBTQ+ people of the Berkshires, the board of directors comes from the various LGBT groups in the county, mostly listed here. Working on adding to their website and programming for LGBTQ people in the Berkshires

Affirmative Counseling - www.affirmativecounseling.net
10 Wendell Ave Extension, Pittsfield........................................(413) 358-3038, (413) 358-5697
Counseling services for Individuals, Families, Adults, Adolescents, and Children.
Psychotherapy, Consultation, Supervision, and Training. Expertise in gender and sexuality issues.

Legal & Consumer Services

Community Legal Aid - www.communitylegal.org
152 North St., Pittsfield..............................................................(413) 499-1950
Free legal advice and representation, divorce clinics, workshops, domestic violence, tax preparation for low-income. Must call and complete intake for appointment.

Consumer Services Program @ BCRHA - www.bcrha.com
1 Fenn St., 4th Floor, Pittsfield ..................................................(413) 344-4861
Consumer counseling/mediation for individuals with issues or complaints with for-profit businesses.

The Berkshire Consumer Services @ BCRHA - www.bcrha.com
1 Fenn St., 4th Floor, Pittsfield .............................................(413) 443-7138, ext. 212
Offers free, voluntary and confidential conflict intervention services to help individuals, schools, neighbors, family, elders, businesses, and community organizations resolve conflicts with the support of an impartial, third party mediator.

Money Management International - www.moneymanagement.org
Toll Free .................................................................(800) 282-6196
Consumer credit services.

Mental Health/Counseling

Mental Health Crisis ..........................................................911
Berkshire Crisis Team (operated by the Brien Center) 24/7 ....(800) 252-0227

Berkshire Coalition for Suicide Prevention - www.berkshirecoalition.org
Suicide Prevention Lifeline - 24/7 .............(800) 273-8255 or (800) 273-TALK or 988
Suicide Loss Support ......................................................(413) 441-6316
Mental Health/Counseling (con’t)

BMC Jones Psychiatric Care (short term)
Call the Berkshire Crisis Team (operated by the Brien Center) at (413) 499-0412 for intake or go directly to the emergency room.

Brien Center for Mental Health and Substance Abuse Services - www.briencenter.org
124 American Legion Drive, N. Adams ..........................(413) 664-4541
Main Office Line .................................................................(413) 499-0412
Outpatient therapy and psychiatry; individual, family, and group treatment offered for mental health and addiction. Court-mandated treatment for first and second OUI offenders. Urgent access to medications for addiction (e.g. Suboxone). Adult Community Clinical Supports provide comprehensive services for individuals with severe and persistent mental health conditions. 24-hour crisis assessment and intervention services are also available. See page 41 under youth services.

Clinical Support Options (CSO) - www.csoinc.org
877 South St., Pittsfield ..................................................(413) 236-5656
Support and counseling for families, individuals, and children in Berkshire County. Outpatient services.

Counseling Center of the Berkshires - www.ccberkshires.com
34 Depot St., Pittsfield ..................................................(413) 499-4090
Counseling resources for individuals and families.

NAMI Berkshire County (National Alliance on Mental Illness of Berkshire County) - www.namibc.org
333 East St., Room 417, Pittsfield ....................................(413) 443-1666
Warm Line ...........................................................................(413) 445-1136
Support, education and advocacy provided to individuals, families and caregivers whose lives are affected by mental illness. A resource library consisting of informational pamphlets, books and literature are available. All services/programs are free. Eligibility: All

Wildflower Alliance - wildfloweralliance.org
361 North Street, Suite 28, Room 1, Pittsfield ......................(413) 464-9807
The Wildflower Alliance supports healing and empowerment for our broader communities and people who have been impacted by psychiatric diagnosis, trauma, extreme states, homelessness, problems with substances and other life-interrupting challenges.

Call the Family Resource Center at the Northern Berkshire Community Coalition at (413) 663-7588 for a list of north Berkshire private practitioners and the insurance they accept.

Parks and Recreational Areas

Adams

Ashuwillticook Rail Trail - Adams to Lanesborough, 12 Miles
Biking, walking, roller skating
Hoosac Valley Elementary School Playground - 14 Commercial St.
Playground

Reid Field - Sparrow St.
Park, play structures

Renfrew Park - 46 Friend St.
Skate park, baseball field, basketball courts, soccer field and play structure

Russell Field - Prospect St.
Tennis courts, baseball field, play structure and bike racks

Greylock Glen - Gould Rd.
Hiking, biking, walking, bird watching, cross-country skiing

Cheshire

Ashuwillticook Rail Trail - Adams to Lanesboro, 12 Miles
Biking, walking, roller skating

Clarksburg

Clarksburg State Park - 1199 Middle Rd.
Hiking, walking, swimming, camping, fishing

Clarksburg Elementary School - 777 West Cross Rd.
Playground

Florida

Abbott Memorial School - 56 N County Rd.
Playground

North Adams

Alcombright Athletic Field - Protection Ave.
Baseball, softball, T-Ball, soccer, etc.

Beaver Street Playground - Beaver St.
Neighborhood playground, basketball

Brayton Field Playground - Barbour St. near Brayton Elementary School
Softball, baseball, youth soccer, basketball, playground

The Cascades - Parking at YMCA
Hiking, walking

Colegrove Elementary School - East Main St.
Playground

Elderly Housing Recreation Area - 150 South Church St.
Passive recreation
Freeman Playground - Corner of Hospital Avenue and Eagle St.
Neighborhood playground, girl’s minor league softball, basketball

Greylock School Playground - Phelps Ave.
Neighborhood playground, Little League Baseball, basketball

Joe Wolfe Field - Noel Field Athletic Complex, State St.
Baseball, Home of the North Adams SteepleCats - Collegiate Baseball League

Noel Field Athletic Complex – State St.
Basketball with lighting, skatepark, splash pad, picnic, soccer, softball, walking tracks, playground activities, sporting events, basketball, tennis, football, softball

Joe Girardi Park - Ashton Ave.
Canoe launch site, hiking/walking trails

Johnson School Playground - Corner of Williams and Cady St.
Neighborhood playground, basketball

Kemp Park - Kemp Ave.
Neighborhood park and playground, basketball

Mt. Greylock State Reservation - 456 Notch Rd.
Hiking trails, walking, camping

Natural Bridge State Park - McAuley Rd.
Hike, walk, explore

Notch Reservoir - Reservoir Rd.
Hiking, nature observation

Peter W. Foote Vietnam Veterans Skating Rink - 1267 South Church St.
Ice skating, ice hockey

Ragged Mountain Reservation - Northeast Range of Mount Greylock
Hiking, hunting, snowmobiling, wildlife, cross-country skiing, nature observation

River Grove Park - Corner of River Street and Houghton St.
Walking track, playground, youth soccer, youth football, dog park

Houghton Street Playground - Corner of River Street and Houghton St.
Neighborhood playground

UNO Community Center and Park - 157 River St.
Basketball, bocce ball

Windsor Lake - Intersection of Bradley St. and Kemp Ave.
Picnic, swimming, hiking, boating, fishing, cross-country skiing, special events, playground, mountain biking, Camp Decker, Historic Valley Campground
Savoy

Savoy Mountain State Forest - 260 Central Shaft Rd.
Hiking, walking, camping

Savoy Elementary School - 26 Chapel Rd.
Playground

Williamstown

Broad Brook Playground - Harrison Ave.
Playground, basketball, picnic

Clark Art Institute - 225 South St.
Walk, run, snowshoe, hike

Field Farm Reservation - 554 Sloan Rd.
Hiking, walking, snowshoeing, running

Haley Farm Trail Head - 1033 Hopper Rd.
Hiking, walking

Hopkins Forest
Walk, hike, run, snowshoeing, cross-country ski

Linear Park - 24 Water St.
Playground, picnic, swimming, walking trails

Linear Park Trails - Woodland Dr.
Walking, hiking, running, snowshoeing

Margaret Lindley Park - 201 Cold Spring Rd.
Swimming, picnic, walking, hiking

Mount Hope Park - Green River Rd.
Walking, swimming, picnic, Follow the road through the park and uphill to find Hopper Road and trail heads for Mount Greylock

Mountain Meadow Preserve - Mason St.
Hiking, walking, snowshoeing, running

Pine Cobble Trail Head - Pine Cobble Rd.
Connects to the Appalachian Trail

Sheep Hill - 723 Cold Spring Rd.
Picnic, hiking, and bird watching, seasonal events

Spruces Park - 60 Main Street, Route 2
Walk, run, cross-country ski, snowshoe, dog park

Williamstown Elementary School - 115 Church St.
Playground
Pets

Berkshire Humane Society - www.berkshirehumane.org
214 Barker Rd., Pittsfield.................................................................(413) 447-7878
Pet adoption, low-cost spay and neutering, family dog school, humane education. Pet Food Pantry at the Al Nelson Friendship Center Food Pantry in North Adams when available.

Eleanor Sonsini Animal Shelter - www.sonsinianimalshelter.org
875 Crane Ave., Pittsfield..............................................................(413) 448-9800
Pet adoption, pet care, volunteer opportunities, pet fostering network.

Greylock Animal Hospital - www.greylockanimalhospital.com
1028 State Rd., N. Adams..........................................................(413) 663-5365
Veterinary services.

North County Vet - www.northcountyvet.com
838 Curran Memorial Highway, N. Adams.................................(413) 664-4570
Veterinary services.

Dog Parks - See pgs. 26-29, Parks & Rec. Areas. Check under each town for locations.

Police

Emergencies ...............................................................................................911
State Police, Route 8, Cheshire .........................................................(413) 743-4700

Adams - www.adamspolice.com
4 School St. ..........................................................................................business: (413) 743-1212

Cheshire - www.cheshire-ma.net/police-department
150 Meadowview Dr............................................................................(413) 743-1501

Clarksburg - www.clarksburgma.us/police-department
111 River Rd..........................................................................................(413) 663-7940, ext. 2

North Adams - www.northadams-ma.gov
11 Summer St. ......................................................................................(413) 664-4944

Savoy
720 Main Road ...................................................................................(413) 743-0364

Shelburne Falls State Police - www.mass.gov/locations/state-police-shelburne-falls-barracks
289 Mohawk Trail, Shelburne Falls ...................................................(413) 625-6311

Williamstown
825 Simonds Road ..............................................................................(413) 458-5733
Pregnancy/Family Planning/Sexual Health

**Berkshire Harm Reduction**
See page 35 under Substance Use Supports & Recovery for phone numbers and services.

**New Direction Women’s Center** - [www.newdirectionpc.org](http://www.newdirectionpc.org)
- 25 First St., Pittsfield .................................................................(413) 347-8005
- Available 24/7 ...........................................................................(800) 712-4357
- 24/7 Text Line ...........................................................................Text “helpline” to 313131

Offers a variety of free and confidential pregnancy help services and is a resource for women in unintended pregnancies. Services are provided in a safe and comfortable atmosphere.

**Tapestry Health** - [https://www.tapestryhealth.org/sexual-reproductive-health/](https://www.tapestryhealth.org/sexual-reproductive-health/)
- 289 Church St. at MCLA Wellness Center, North Adams ..............(413) 662-5258
- Open 1-6pm on Wednesdays. Birth control; pregnancy testing; Hep.C/HIV/STI testing; emergency contraception; family planning counseling; breast cancer screening; pap smears, pelvic exams; HPV vaccine.

**Teen to 23 Project** - [www.berkshirenursingfamilies.org/weekly-groups](http://www.berkshirenursingfamilies.org/weekly-groups)
- Haskins School, 210 State St., North Adams ..............................(413) 743-5338

For pregnant young families, we provide childbirth/breastfeeding education on Thursdays from 11:00am to 1:00pm. Also provide peer support and parenting/breastfeeding support for young families with infants. Breastfeeding support group meets every Tuesday from 10:00am - 12:00pm.

**Protective & Hotline Services**

**Berkshire Crisis Team**
- Operated by the Brien Center 24/7 ..............................................(413) 499-0412

- 73 Eagle St., Pittsfield .............................................................(413) 236-1800
- Toll Free .......................................................................................(800) 292-5022
- HOTLINE after 5:00 pm. ..............................................................(800) 792-5200

Protection for children who have been abused or neglected in a family setting.

- ABUSE HOTLINE. .................................................................(800) 426-9009

Protection for children who have been abused or neglected in a family setting.

**Elder Abuse Hotline** - [www.mass.gov/reporting-elder-abuse-neglect](http://www.mass.gov/reporting-elder-abuse-neglect)
- HOTLINE ......................................................................................(800) 922-2275

Assist and support for elders w/physical, verbal, financial exploitation or neglect.
Protective & Hotline Services (con’t)

Abuse in Hospitals & Nursing Homes Hotline - www.mass.gov/how-to/file-a-complaint-regarding-a-hospital
HOTLINE ...........................................................................................................(800) 462-5540
Assist and support for elders w/physical, verbal, financial exploitation or neglect.

Elizabeth Freeman Center - www.elizabethfreemancenter.org
61 Main St., Suite 202, N. Adams ..............................................................(413) 663-7459
Adams Police Department (counselor’s cell phone) .......................(413) 347-0117
HOTLINE 24/7 Confidential Toll Free .......................................................(866) 401-2425
Domestic violence and sexual assault services for adults and children, including safe shelter, court advocacy, counseling, support groups and trainings.

National Suicide Hotline - www.suicidepreventionlifeline.org
HOTLINE ...........................................................................................................(800) 273-8255 (800-273-TALK) or 988

Parent Stress Hotline - www.parentshelpingparents.org/parental-stress-line
HOTLINE ...........................................................................................................(800) 632-8188
Help for parents with stress or in crisis.

Poison Control - www.webpoisoncontrol.org
HOTLINE ...........................................................................................................(800) 222-1222

Safelinks- www.mass.gov/service-details/domestic-violence-programs-for-survivors
HOTLINE 24/7 .............................................................................................(877) 785-2020
HOTLINE 24/7 (TTY) ...................................................................................(877) 521-2601

Schools & Education

Adult Basic Education Program - www.napsk12.org/page/adult-basic-education
For more information .................................................................................(413) 412-1118
Basic skills, HISET test preparation, College & Career readiness and ESL Classes.

BArT - Berkshire Arts & Technology - www.bartcharter.org
One Commercial Place, Adams .................................................................(413) 743-7311
Public, tuition-free charter school for middle and high school students in Northern Berkshire.

Berkshire County Head Start - www.berkhs.org
See details on page 13 under Family Services.

Division of Graduate and Continuing Education @ MCLA - www.mcla.edu
375 Church St., N. Adams .........................................................................(413) 662-5575
Bachelor’s degree completion programs, adult evening classes at MCLA and online, professional development for teachers, summer courses, and summer camps for kids.
Hoosac Valley Regional School District - www.hoosacvalley.org
125 Savoy Rd., Cheshire ...........................................................................(413) 743-2939
School District Superintendent's Office.

Hoosac Valley Elementary - www.hoosacvalley.org/hves
14 Commercial St., Adams ...........................................................................(413) 743-0876
Grades K - 3, after-school educational programs.

Hoosac Valley Middle and High School - www.hoosacvalley.org/hvms
125 Savoy Road, Cheshire ...........................................................................(413) 743-5200
Grades 4 - 12 (Adams, Cheshire, Savoy).

McCann Technical School - www.mccanntech.org
70 Hodges Crossroads, N. Adams ..........................................................(413) 663-5383
Technical high school, Northern Berkshire District. Grades 9 - 12, & Superintendent’s office. Training in cosmetology, medical assistance, dental assistance, surgical technologists, practical nursing.

Mount Greylock Regional School District - www.wlschools.org
Williamstown ..........................................................(413) 458-9582 ext. 4000
School District Superintendent's Office.

Mt. Greylock Regional High School - www.wlschools.org/page.cfm?p=513
1781 Cold Spring Road, Williamstown ...................................................(413) 458-9582
Regional middle & high school, grades 7-12 (Lanesboro, Hancock, New Ashford & Williamstown) & Superintendent's Office.

Williamstown Elementary - www.wlschools.org/page.cfm?p=512
115 Church St., Williamstown .................................................................(413) 458-5707
Grades pre-K - 6.

North Adams Public Schools (NAPS) - www.napsk12.org
10 Main St., N. Adams ..............................................................................(413) 662-3225
School District Superintendent’s & Central Office. All student enrollments are through the Central Office.

Brayton Elementary - bes.napsk12.org
20 Brayton Hill Terrace, N. Adams ...........................................................(413) 662-3260
Grades: Pre-K, K-6, after-school program.

Colegrove Park Elementary - ses.napsk12.org
East Main St., North Adams ......................................................................(413) 663-3250
Grades K - 6.

Drury High School - dhs.napsk12.org
1130 S. Church St., N. Adams .................................................................(413) 662-3240
Grades 7-12 (N. Adams, Florida, Clarksburg, Monroe, Stamford, Readsboro).
Greylock Elementary - ges.napsk12.org
100 Phelps Ave., N. Adams .................................................. (413) 662-3255
Grades K-6, after-school programs.

E-3 Academy - www.napsk12.org
The Armory, 206 Ashland St., North Adams .......................... (413) 776-1669
N. Adams alternative high school - (a program of Drury High School)

Northern Berkshire School Union - www.nbsunion.com
26 Union St., Suite 1A, N. Adams ........................................... (413) 664-9292
School District Superintendent’s Office for Florida, Savoy, Clarksburg, Monroe & Rowe grade schools.

Clarksburg Elementary - www.clarksburgschool.org
777 W. Cross Road, Clarksburg .......................................... (413) 663-8735
Grades K - 8 for Clarksburg students.

Gabriel Abbott Memorial - www.abbottmemorial.org
56 N. County Rd., Florida ................................................. (413) 664-6023
Grades pre-K - 8 for Florida students.

Emma L. Miller Elementary - www.savoyelementary.com
26 Chapel Road, Savoy ..................................................... (413) 743-1992
Grades pre-K - 5 for Savoy students.

Rowe Elementary - www.roweschool.org
86 Pond Rd., Rowe ......................................................... (413) 512-5100
Grades pre-K - 5 for Rowe students.

Pine Cobble School - www.pinecobble.org
163 Gale Road, Williamstown ............................................ (413) 458-4680
Co-educational, private school, grades pre-K - 9.

St. Stanislaus Kostka School - www.ststansadams.org
108 Summer St., Adams ..................................................... (413) 743-1091
Catholic, private school, grades pre-K - 8.

Substance Use Supports & Recovery

Support Services and Help Lines

Al-Anon (for family members) - www.berkshirealanon.org
Toll Free ................................................................. (888) 425-2666
Support for family and friends of individuals who misuse alcohol or other substances.
Alcoholics Anonymous (AA) - www.westernmassaa.org

Hotline/Main/Intergroup ............................................. (413) 532-2111
Spanish speaking ....................................................... (413) 409-2201

A fellowship of people who share their experience, strength and hope with each other, that they may solve their common problem, and help others to recover from alcoholism.

Berkshire Harm Reduction - www.berkshirehealthsystems.org/programs-and-services/berkshire-harm-reduction

6 West Main St., North Adams ................................. (413) 398-5603
510 North St, 6-B2, Pittsfield ....................................... (413) 447-2654

Free and confidential services include STD, HIV, and hepatitis C testing and treatment; Syringe Service program; overdose education and Naloxone distribution; HIV case management; designated sharps disposal site; free condoms; referrals for health insurance, PCP and other community resources.

Brien Center for Mental Health & Substance Abuse Services - www.briencenter.org

124 American Legion Dr., North Adams, MA .................. (413) 664-4541
24-hour Crisis Line ................................................. (800) 252-0227

Outpatient therapy and psychiatry; individual, family, and group addiction treatment. Court-mandated treatment for first and second OUI offenders. Urgent access to medications for addiction (e.g. Suboxone). 24-hour crisis assessment and intervention services are also available. Addiction prevention and treatment services for youth offered at Drury High School, community and clinic settings.

Celebrate Recovery - www.firstbaptistnorthadams.org

131 Main St., N. Adams ........................................... (413) 663-3780

A Christian-based 12-step program. Call for hours.

First Steps Together - www.mass.gov/info-details/about-first-steps-together

Center for Human Development, 141 North St., Ste. 307, Pittsfield. (413) 372-9830

A home visiting program which includes peer coaching and parenting support programs for moms recovering from opioid dependence. Recovery and parenting group referrals for physical and mental health care and substance use treatment, and connections to community-based services.

George B. Crane Memorial Center - www.thegbcmc.org

81 Linden Street, Pittsfield ......................................... (413) 464-7066; (413) 281-7407

AA, NA. Refuge recovery, and other recovery support programs.

Institute for Health and Recovery - www.healthrecovery.org

Toll Free ....................................................................... (866) 705-2807

Facilitate referrals to family residential substance use treatment programs and sober living programs around the state. Can refer pregnant/postpartum individuals; individuals/families with children in their care; individuals/families with children out of their care but with the goal of reunifying in a program.

Josh Bressette Commit to Save a Life - www.commit2savealife.org

For information ............................................................... (802) 440-6221

Financial assistance for recovery.
Learn to Cope (for family members) - www.Learn2Cope.org
BMC Cancer Center/HEAL Community Room, 165 Tor Ct, Pittsfield (508) 738-5148
Support Group Meetings, 2nd & 4th Tuesdays 7:00-8:30 p.m., in person; 1st & 3rd Tuesdays virtually.

Living in Recovery - www.thegbcmc.org
81 Linden St., Pittsfield ...........................................................(413) 270-3681
Community recovery center to aid local recovery community including family members, friends and supports.

Nar-Anon (for family members) - www.naranonctma.org
For information ................................................................. www.naranonctma.org

Narcotics Anonymous (NA) - www.berkshirena.com
Help Line ..........................................................(413) 443-4377

Substance Abuse Helpline - www.helplinema.org
Toll-Free ...........................................................................(800) 327-5050

Recovery Support Meetings - See pgs. 8-9 for a list of weekly AA, NA, and other substance use support groups in the area.

Detox Centers

Adcare Hospital - www.adcare.com/programs/adcare-hospital
107 Lincoln St., Worcester, MA 01605.................................(866) 577-3554
Round-trip transportation provided.

Berkshire Medical Center, McGee Unit - www.berkshirehealthsystems.org
725 North St., Pittsfield...........................(413) 442-1400 or (413) 445-9228
Detoxification, stabilization and rehabilitation services.

Clinical Stabilization Services (CSS) Unit @ BMC
725 North St., Pittsfield.................................................(413) 447-2927
Detoxification, stabilization and rehabilitation services.

Northern Hope Center/Franklin Recovery Center
21 Kenwood St., Greenfield...........................(413) 733-1423 or (413) 737-2439

Swift River - www.swifriver.com
151 South Street, Cummington, MA..................(844) 906-0978, (888) 655-0289
Providing 30 day residential care for those who are suffering from alcohol or substance abuse issues. Dual diagnosis facility specializing in DBT and CBT therapy. Art, music and adventure therapy. Detox center, 15-month online aftercare program with a life coach.
Outpatient Programs

Adcare Outpatient Services - www.adcare.com
117 Park Ave., W. Springfield, MA 01089 (866) 577-3554

Brien Center for Mental Health & Substance Abuse Services - www.briencenter.org
333 East St. # 227, Pittsfield, MA (413) 499-0412
124 American Legion Dr., North Adams, MA (413) 664-4541
Crisis Line (800) 252-0227 (24-hr)
60 Cottage St., Great Barrington, MA (413) 528-9156

Intensive Outpatient Program (“Day Treatment”), individual, family and group treatment, medication for addiction (e.g. Suboxone). Court-mandated treatment for first and second OUI offenders. Addiction prevention and treatment services for youth offered in schools, community and clinic settings. 24-hr. crisis services.

Medication Assisted Treatment

Better Life Partners
Call or text (866) 679-0831

Suboxone and same-day treatment for Opioid Use Disorder. Medicaid, Medicare, most insurance, and sliding fee scale accepted.

Brien Center for Mental Health & Substance Abuse Services - www.briencenter.org
See above for address and phone numbers under Outpatient Programs.

Urgent access to medications for addiction, including buprenorphine (Suboxone, Sublocade) and naltrexone (Vivitrol). Bridge services to ensure uninterrupted addiction treatment for individuals experiencing homelessness, incarceration, or who were recently started on buprenorphine in an emergency department.

Clean Slate - www.cleanslatecenters.com
77 Hospital Ave, Suite 107, North Adams (413) 346-2544

Outpatient addiction treatment center includes addiction medication-assisted support program and rehabilitation for drug addictions like opioids and alcohol. Accepts Medicare, Medicaid and commercial insurance.

Right Choice Health Group - www.rightchoicehealthgroup.com
152 North St. Suite #250, Pittsfield (413) 344-0170


SaVida Health - www.savidahealth.com
77 Hospital Ave, Suite 104, North Adams (413) 398-5180
42 Summer St., Pittsfield (413) 236-9100

Opioid and alcohol addiction treatment including FDA-approved medications combined with therapeutic recovery services. Individualized treatment plan includes counseling and case management services.
### Substance Use Support & Recovery (con’t)

#### Spectrum Health Systems - www.spectrumhealthsystems.org
1274 Curran Highway, North Adams .................................................(413) 664-9024

Addiction treatment services including inpatient detoxification, residential rehabilitation, medication-assisted treatment, outpatient counseling and peer recovery support.

#### Residential Long-Term Treatment/Recovery Housing

<table>
<thead>
<tr>
<th>Service</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alternative Living Center</td>
<td>206 1st St., Pittsfield</td>
<td>(413) 499-6300</td>
</tr>
<tr>
<td>Keenan House North</td>
<td>42-44 Arnold Place, North Adams</td>
<td>(413) 662-2480</td>
</tr>
<tr>
<td>Keenan House for Men, @ Brien Center</td>
<td>202 Bradford St., Pittsfield</td>
<td>(413) 499-0412</td>
</tr>
<tr>
<td>Safe Harbor</td>
<td>Pittsfield</td>
<td>(413) 499-1456</td>
</tr>
<tr>
<td>Supportive Housing</td>
<td>Pittsfield</td>
<td>(413) 344-1637</td>
</tr>
</tbody>
</table>

Privately operated sober housing, structured living and advanced recovery home.

A 16-bed, co-ed residential recovery home for people in early recovery from addiction whose co-occurring mental health conditions require clinical support.

A 24 bed residential recovery home for people in early recovery from addiction.

A permanent housing reunification program for families impacted by substance use.

A safe, affordable and sober environment designed to reduce the chances of relapse and promote adaptive living skills (min. 90 days in recovery).

### Substance Use Support- Tobacco

#### Berkshire AHEC’s Tobacco-Free Community Partnership - www.berkshireahec.org
395 Main St., Dalton ..............................................................(413) 842-5160
MA Quit Now Smoking Hotline ...............................................(800) 784-8669

Free resources and support for coalitions, agencies, municipalities and workplaces on strategies to address tobacco issues and promote tobacco-free living.

### Transportation

#### Angel Flight East - www.angelflighteast.org
1501 Narcissa Road, Blue Bell, PA .............................................(215) 358-1900

Free coordinated flights for passengers who are ambulatory, sufficiently stable, and who have
conditions including, but not limited to chemotherapy, clinical trials, burn treatment, chronic congenital conditions or rare diseases, immune conditions that prevent flying on commercial airlines, or other medical issues that need to be addressed far from home.

**Berkshire Regional Transit Authority (BRTA)** - [www.berkshirerta.com](http://www.berkshirerta.com)

1 Columbus Ave., Pittsfield ........................................ (413) 499-2782, (800) 292-2782

Transportation for the Berkshire region. Buses, non-emergency medical transportation. Mass Health patients need permission from doctor.

**County Ambulance** - [www.countyamb.com](http://www.countyamb.com)

175-185 Wahconah St. Pittsfield ........................................ (413) 499-2527

In partnership with BMC, offering free transportation to residents of North Berkshire to BMC.

**CRT Inc. Cabulance** - [www.CRTcabulance.com](http://www.CRTcabulance.com)

16 Oak St., Pittsfield ......................................................... (413) 447-3800

Provides ambulatory and wheelchair transportation services for clients attending dialysis, medical appointments, and more. ADA compliant.

**Local Councils on Aging**

Refer to pages 9 - 11 for phone numbers.

Local medical transportation only.

**Northern Berkshire Community Coalition Bike Collective** - [www.nbccoalition.org](http://www.nbccoalition.org)

Currently hosted at the North Adams Armory .................................(413) 663-7588

A space to convene and build community around bicycles. Bicycles for sale or to earn. Northern Berkshire residents can bring their bikes for basic fixes or maintenance. The bike collective will take bikes and bike part donations.

**Northern Berkshire Transport** - [www.northernberkshireems.com](http://www.northernberkshireems.com)

30 Water Street, Williamstown ............................................. (413) 458-9831

Provides non-emergency medical transportation, including trips to and from doctors’ offices, to and from dialysis and radiation centers, and other non-emergency situations that require a high degree of patient care.

**RJ Taxi Service**

429 Curran Highway, North Adams ....................................... (413) 346-4907

Provides cab service to passengers throughout Northern Berkshire County. Open 24 hours, 7 days a week. Offers local and long distance transportation.

**Wheels for Wellness** - [www.wheelsforwellness.net](http://www.wheelsforwellness.net)

Call to schedule transportation ............................................. (413) 395-0109

Volunteer Community Car Ride Service for health-related activities, including vaccinations.

*Ride hailing services may be available. Download the Uber or Lyft apps to check availability.*
Veterans Services

Veterans Crisis Line
Toll Free ..........................................................(800) 273-8255 (800) 273-TALK

American Red Cross - www.redcross.org
Springfield, MA 01104 ..............................................(413) 737-4306, ext. 1929
Call Center ...................................................................(877) 272-7337

Service to Armed Forces (SAF) outreach services provides information and referrals, local resources, and family follow-ups. Call center provides emergency communication, financial assistance and veteran services.

Office of Veteran Services
City Hall, 10 Main St., N. Adams ..................................................(413) 662-3040
Town Hall, 8 Park St., Adams .....................................................(413) 743-8300 ext. 125
31 North St., Williamstown .......................................................(413) 458-4106

Services, advocacy and support for veterans.

Soldier On - www.wesoldieron.org
360 West Housatonic St., Pittsfield ...........................................(413) 236-5644
425 N. Main St., Leeds, MA ....................................................(413) 582-3059

Shelter, treatment, employment services for veterans of U.S. military service.

Vermont Veterans’ Home - www.vvh.vermont.gov
325 North St., Bennington, VT ..................................................(802) 442-6353

Residential and health care campus for veterans.

Veterans Outpatient Clinic - www.centralwesternmass.va.gov/locations/pittsfield.asp
78 Center St., Silvio Conte Building, 2nd Floor, Pittsfield ..............(413) 499-2672
Mental Health Clinic ............................................................(413) 584-4040 x2336

Primary & mental health services for veterans only.

Veterans Western Massachusetts Call Center
Telephone Care ........................................................................(800) 893-1522

Veterans appointments and health care questions.

Volunteers

Berkshire Non-Profits - www.berkshirenonprofits.com

Online portal connecting volunteers to non-profit opportunities and vice versa.

Center for Learning in Action (CLiA) - https://learning-in-action.williams.edu
983 Main St., Williamstown .....................................................(413) 597-4588

Contact to access volunteers or interns.
Community Outreach & Civic Engagement Training @ nbcc
61 Main St., Suite 218, N. Adams .................................................................(413) 663-7588
This training offers information on the different social services and the assets of the communities we live in. Participants expand their understanding of being an effective community/neighborhood leader through networking, sharing resource information with the public, and being a role model of community pride and involvement.

MCLA, 375 Church St., N. Adams .................................................................(413) 662-5251
Contact to access volunteers or interns.

Youth Services

Berkshire Family YMCA - www.bfymca.org/locations/northern-berkshire-branch
22 Brickyard Ct., N. Adams .................................................................(413) 663-6529
Mentoring and recreational programs for youth.

The Brien Center for Mental Health & Substance Services - www.briencenter.org
124 American Legion Dr., N. Adams .................................................................(413) 664-4541
24-hr. crisis line ...............................................................................................(800) 252-0227
Services include: Outpatient & in-home therapy, intensive care coordination, family support & training, in-home behavioral therapy & therapeutic mentoring available for youth & caregiver's mental health needs. The Continuum, home-based and residential services for youth. Assessment, intervention and treatment to adolescents with substance issues. Addiction prevention and early intervention offered in local schools.

Playwright Mentoring Program (PMP) -
www.barringtonstageco.org/education-bsc/playwright-mentoring-project
Barrington Stage ..............................................................................................(413) 997-6117
Theater program for young people age 13-19. Create original theater based on life experience.

ROOTS Teen Center - www.rootsteencenter.com
51 Ashland Street, N. Adams .................................................................(413) 663-0033
A safe and inclusive drop-in center for Northern Berkshire youth ages 13-22.

Salvation Army: Bridging the Gap - www.salvationarmyma.org/northadams
393 River St., N. Adams ......................................................................................(413) 663-7987
Life skills training program for court referred teens 11-17.

Williamstown Youth Center, Inc. - www.williamstownyouthcenter.org
66 School St., Williamstown ......................................................................................(413) 458-5925
Social, recreational and educational programs - after-school, summer - small fee.

Youth Center, Inc. - www.youthcenterinc.com
191 Church St., Cheshire ......................................................................................(413) 743-3550
Social, recreational and educational programs and drop-in after-school, summer.
Youth Activities/Clubs/Sports

Visit nbCC’s website at www.nbccoalition.org to see a complete list of youth activities, clubs, and sports.

Additional Area Resources

The Community Space at Terra Nova - https://www.facebook.com/terranovanorthadams
85 Main St., Suite 105, North Adams ................. northadams@terranovachurch.org
Community shared space for programs, gatherings and events that enhance community life. Email for information on capacity and fees.

NBCTC: Northern Berkshire Community Television - www.nbctc.org
69 Union St.  N. Adams ...............................................................(413) 663-9006
Regular programming ..............................................................Channel 1301
Educational programming ....................................................Channel 1302
Political programming ..........................................................Channel 1303
Local coverage of community events, issues, and programs.

Northern Berkshire Community Coalition - www.nbccoalition.org
61 Main St., Suite 218, N. Adams ..............................................(413) 663-7588
Information, connection, and referrals to local organizations, resources, and services. Convenes community members and stakeholders to discuss relevant local issues via monthly forums, workgroups, and taskforces.

Salvation Army - massachusetts.salvationarmy.org/MA/NorthAdams
393 River St., N. Adams ..............................................................(413) 663-7588
Provides community with faith based support, food access, and other supports.

UNO Community Center, a program of nbCC- www.nbccoalition.org/resources/uno-community-center/
157 River Street, North Adams ..............................................(413) 663-7588
Community meeting and event space. Available for private rentals.

WilliNet: Community Television for Williamstown - www.willinet.org
34 Spring St., Williamstown ......................................................(413) 884-3309
Local coverage of community events, issues, and programs.
Emergency Numbers

For Fire, Police or Ambulance from anywhere in Massachusetts...........Dial 911
Massachusetts State Police..........................................................(413) 743-4700
National Suicide Prevention Lifeline ......................(800) 273-8255 or 988
Poison Control Center...............................................................(800) 222-1222

Quick Reference Numbers

For food [See page 4-7 for food pantries and meal sites]:
In Adams, Pope John Paul Charity Center, (413) 743-0577
In North Adams, The Friendship Center Food Pantry, (413) 664-0123
In North Adams, St. Vincent DePaul Society, (413) 664-4835
In Williamstown, Sts. Patrick and Raphael Parish, (413) 458-4956

Mass 211 - 24/7 Emergency, Community Information, Referral Services:
Dial 211 or visit www.mass211.org
To report elder abuse [24 hr. hotline]: (800) 922-2275
To report child abuse [24 hr. hotline]: (800) 792-5200
For help with homelessness: Louison House, (413) 663-6323, ext. 4 [line
staffed 24 hrs.]
For domestic & relationship violence support:
Elizabeth Freeman Center [24-hr. hotline]: (866) 401-2425
For mental health care & substance abuse crisis support:
Brien Center [24-hr. hotline]: (413) 499-0412
For general information to help get started:
Northern Berkshire Community Coalition: (413) 663-7588